

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525
E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

Eighteenth Sunday in Ordinary Time

August 1, 2021

St. Teresa of Avila

“To have courage for whatever comes in life - everything lies in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Facilities Manager: Jack Pigeau

Volunteer Gardeners:

Baptism Preparation Team:

CWL President: Mary Alice Zister

Lector Co-ordinator: Mary Alice Zister

Eucharistic Minister Co-ordinator:

Kim Voelzing

Prayer Group:

Mila Navaleza - 519-574-8534 or
519-900-0250

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett

519-749-1501

St. Teresa School

Principal: Mr. Brian Goodyear

Secretary: Mary Lavigne

519-743-2131

Parish Office Hours

Monday - Friday
9:00 a.m. – 12:00 p.m.

1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m. (except in August) 10:00 a.m.
5:00 p.m.

Weekday Schedule

Please check inside for
weekly schedule

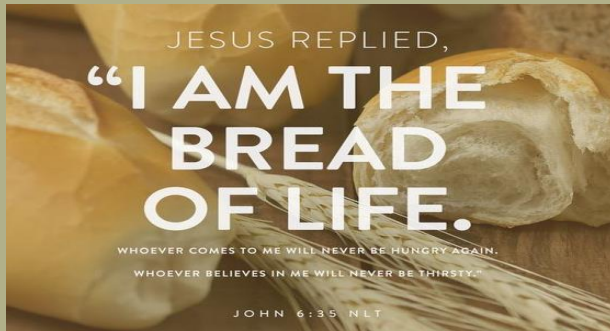
Sunday Liturgy:

Confession: 30 min. before Mass; Sat., 4:15 – 4:45 p.m.

Healing Mass: First Friday of each month
(September – June) – 7:00 p.m.

Prayer Meeting: Temporarily suspended

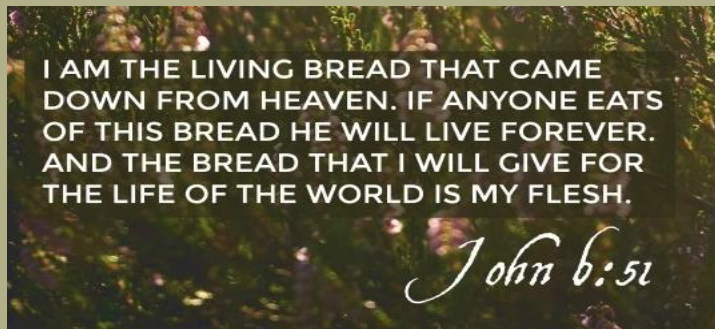
18th Sunday in Ordinary Time



In today’s Gospel (J 6:24–35), we learn that the crowd has noticed the departure of Jesus and His disciples and so seeks them out in Capernaum. In the dialogue that follows between Jesus and the crowds, Jesus unfolds for us the gift of Himself that He gives in the Eucharist. The conclusion of the dialogue reveals the crowd’s blindness. They ask for what Jesus has just told them they have found: “Sir, give us this bread always.” Jesus answers plainly that He Himself is the Bread of Life they seek. Jesus Himself is the Bread of Life who will satisfy every hunger and thirst.

19th Sunday in Ordinary Time

On this Sunday, we continue to read from the “Bread of Life discourse” found in the sixth chapter of John’s Gospel (J 6:41-51). Last week, the crowd asked for a sign that would show that Jesus came from God. Jesus replied by saying that He is the sign and the bread of life sent by God. Today’s Gospel begins with a report that the Jews complained about Jesus’ claims regarding His identity. They knew His family, and they knew He was the son of Joseph. They could not comprehend what Jesus meant when He said that He came down from heaven. Jesus concludes with the central element of our eucharistic theology. **He promises that the bread of life will bring eternal life to those who partake of it, and He tells us that the bread of life will be His own flesh, given for the life of the world.** We hear Jesus say again, as He did in last week’s Gospel, that **He is the bread of life.** We also hear Jesus add that **He is the living bread.** Both of these statements help us understand better the gift that Jesus gives us in the Eucharist. We celebrate this gift of Jesus each time we gather for Mass. We believe that receiving Jesus in the Eucharist will lead us to eternal life.



Diocese of Hamilton
Prayer Calendar 2021

- August 2 – Most Rev. Anthony Tonnos
- August 3 – Rev. Paul Vellimoozhayil, S.J.
- August 4 – Catholic Teachers
- August 5 – Rev. Edward Hampson
- August 6 – *Transfiguration of the Lord*
- August 7 – Rev. James Curtin
- August 8 – Nineteenth Sunday in Ordinary Time
- August 9 – Rev. Frank Voorwerk
- August 10 – Rev. Scott Whitfield
- August 11 – Legionaries of Christ (L.C.)
- August 12 – Rev. Ron Cote
- August 13 – Rev. Michael Bennett
- August 14 – Rev. Ralph Diodati
- August 15 – Solemnity of the Assumption of the Blessed Virgin Mary

Vocations

Eighteenth Sunday in Ordinary Time
August 1, 2021

"I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Today's readings remind us that the priest is ordained by the Holy Spirit to be the means by which Jesus' words are fulfilled.

Nineteenth Sunday in Ordinary
Time August 8, 2021

"I am the living bread that came down from heaven." Each of us must be a living sign and symbol of God’s presence within us.

If you feel God is calling you to be a priest, religious, or permanent deacon, call Most Reverend Wayne Lobsinger, VG, EV, Auxiliary Bishop & Vocations Director, Diocese of Hamilton at (905) 528-7988 x2222.

vocations@hamiltondiocese.com
<https://hamiltondiocese.com/vocations/>

Church is Open for Prayer – You are invited to visit Jesus, in the Most Blessed Sacrament, Monday to Friday, 9 a.m. to 8 p.m. The Adoration Chapel remains closed, but the church is open. Take advantage of this wonderful opportunity to come and spend some time with the Lord! Jesus is waiting for you!

Saturday Morning Masses during August – During the month of August, there will be no Saturday morning 9 a.m. Masses. Saturday morning Masses will resume in September.

Masks and Safety Protocols – Responding to the needs and concerns of parishioners and following the instructions from the diocese, we have decided to assign the first pew on the left side of the church for those, who for medical reasons, are unable to wear masks. We encourage all parishioners to follow the protocols so that everyone feels welcome and safe at our church.

**Mass Intentions
August 2, 2021 – August 8, 2021**

Tuesday, August 3, 2021 – 7:00 p.m.
Group Mass Intentions
Intentions of Betty Skinner for her Birthday –
Donnell & McGill Lucien

Wednesday, August 4, 2021 – 8:30 a.m.
Memorial of St. John Vianney, Priest
In thanksgiving for our priests and for their intentions

Thursday, August 5, 2021 – 8:30 a.m.
+ Hans Forthuber – Helene Meier

Friday, August 6, 2021 – 8:30 a.m.
Feast of the Transfiguration of the Lord
+ Charles Nolan – Mary Alice & Bill Zister

Saturday, August 7, 2021 –
9:00 a.m. – No Mass
5:00 p.m. – + Leona Grobe – Peter Grobe

Sunday, August 8, 2021 – 10:00 a.m. –
Nineteenth Sunday in Ordinary Time – Year B – Parishioners of St. Teresa Parish

**Mass Intentions
August 9, 2021 – August 15, 2021**

Tuesday, August 10, 2021 – 7:00 p.m.
Feast of Saint Lawrence, Deacon and Martyr
+ Stephen Altman – Family

Wednesday, August 11, 2021 – 8:30 a.m.
Memorial of Saint Clare, Virgin
+ Alfred Novak – Helene Meier

Thursday, August 12, 2021 – 8:30 a.m.
+ Helen Pickett – Sandra Naklusi

Friday, August 13, 2021 – 8:30 a.m.
+ Marlene Fritz – Zister Family

Saturday, August 14, 2021 –
Memorial of Saint Maximilian Kolbe, Priest and Martyr
9:00 a.m. – No Mass
5:00 p.m. – + Scott Weiler – Pat & Dan Weiler & Family

Sunday, August 15, 2021 – 10:00 a.m. – *Solemnity of the Assumption of the Blessed Virgin Mary* –
Year B – Parishioners of St. Teresa Parish

Live-streaming on Zoom

The **10 a.m. Sunday Mass** will be live-streamed.

To join Father, click on the following link:

<https://zoom.us/j/5887658626>

[Password: 274733](#)

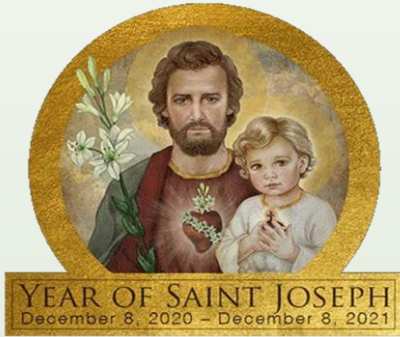
Daily Readings:

Lectors may find daily readings at this link:

<https://readings.livingwithchrist.ca>

Please note: There will be NO live-streamed Masses on Sunday, August 8th & August 15th.

Prayer to St. Joseph



Remember, O St. Joseph,
 loving and powerful protector,
 that according to the testimony
 of your faithful servant,
 great St. Teresa,
 no one who is truly
 devoted to you
 has seen his petition rejected.
 Filled with confidence and hope
 I come to you, worthy spouse
 of Mary Immaculate.
 Do not close your ears
 to my prayer,
 you who have the glorious title
 of father of Jesus,
 but graciously hear
 and intercede for me.

Amen.

**Stewardship Report
 July 18, 2021**

Envelopes	\$1555.00
Loose	\$ 60.00
Building Fund	\$ 30.00
Fritz Funeral	\$ 150.00

**Stewardship Report
 July 25, 2021**

Envelopes	\$ 676.00
Loose	\$ 94.00
Building Fund	\$ 95.00

Stewardship Report

It is a wonderful blessing to once again gather as a parish community, in the church, albeit at a reduced capacity. We would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. Thank you to those who continue to remember the parish through financial donations - We appreciate your continued support!

Pre-Authorized Giving

Pre-Authorized Giving is now available for our parishioners. A digital copy of the form may be found on our website. Simply print the form and complete it. For those unable to print the digital copy, please contact the Parish Office. Completed forms can be returned to the Parish Office via the slot in the Parish Office door or can be mailed to: St Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8

E-Transfer

Exciting news – We are now able to provide E-Transfer to our parishioners. For E-Transfers, please use the following email account: **stteresakitchener@hamiltondiocese.com**

CanadaHelps

To support our parish via **credit card** or **PayPal** please visit **canadahelps.org** You can access our parish directly by following this link:

<https://www.canadahelps.org/en/charities/119110450RR0053-st-teresas-parish/>

For those who do not get the bulletin electronically, go to **canadahelps.org** and then follow the instructions below:

Once you are on the homepage, you can access St. Teresa of Avila Parish by going to the Donate tab and clicking on Find a Charity. Click on the blue box that says Pick a category that is close to your heart. Now click on religion. Once you have done this you will have another tab appear that says All Locations. Click on this tab and change region to Ontario and city to Kitchener. You will now be able to scroll down until you find **STTERESAS** (Kitchener, ON appears below). Click on this link and you can then proceed with your donation.

Please note that donations made through the CanadaHelps website, will receive a tax receipt directly from CanadaHelps, via email.

You may also **send a gift directly** to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door. Please be sure to include your name, address and phone number or use your donation envelope.

Continuing support of our parish is an act of generosity and faith. We are very grateful for any contributions you may be able to make at this time.

Parish Office – Important Up-dated Information

Our Parish Office is open Mon., Tues., Thurs. and Fri. from 9 a.m. – 3 p.m. As parish offices reopen, protocols have been established by the Diocese of Hamilton to do this safely. At this time, admittance to the parish office is by appointment only and you are required to wear a mask. Please call or email the parish office at 519-743-4525 or st.teresa@stteresakit.ca to make an appointment, if you need any assistance.

Mass Intentions for 2021 – The offering of Mass for the deceased, the sick, a personal intention, in thanksgiving, a special intention such as an anniversary, birthday, etc. is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass.

Pastoral Care of the Sick

If a loved one or family member is seriously sick, please do not hesitate to contact the parish office early, so that the sick person is able to make a good Confession and receive the sacraments while he/she is fully aware. Thank you for your assistance in ensuring we provide good pastoral care to your family and loved ones.

Parish Bulletins – During the month of August, the Parish Bulletin will be published bi-weekly.

Parish Records – We would be most grateful if you could notify the office of any changes you have experienced, most especially any changes to your address, phone number and email. Thank you for your assistance in this matter.

CIVIC HOLIDAY

Please note the Parish Office will be closed on Monday, August 2, 2021, to observe the Civic Holiday. The office will reopen on Tuesday, August 2, 2021, at 9:00 a.m.

Have a Blessed and Safe Weekend!

Stage 3 Reopening of Parishes

In Stage 3, we continue to follow the guidelines of the Province of Ontario and the Diocese of Hamilton and ask that you please review the following so that you know what is expected and what to expect when coming to Mass:

- ❖ One-way movement for church entry and exit is retained.
- ❖ All who participate in the liturgy are to sanitize their hands before entering the church, wear masks for the duration of the celebration and maintain physical distancing.
- ❖ Priests and Extraordinary Ministers of Communion must wear masks for the distribution of Communion.
- ❖ Music leadership is restricted to an instrumentalist and cantor only.
- ❖ The collection will continue to be received at the doors of the church; not during the Offertory.
- ❖ The dispensation from the Sunday Obligation remains in effect at this time.

The following liturgical practices are now permitted:

- ❖ We may now re-introduce or increase the number of liturgical ministers: Lectors, Extraordinary Ministers of Holy Communion as needed, Altar Servers.
- ❖ Resume the dialogue with individual communicants as they approach the minister for Communion (The Body of Christ/Amen).
- ❖ Following consultation with medical advisors, reception of Holy Communion on the tongue is now permitted. However, those who wish to receive the Eucharist in this manner are to do so after all others have received Communion in the hand and are to receive Communion from the Priest. We are reminded that the normative posture for receiving Communion in Canada is standing.

For the month of August, we will continue to publish the bulletin online and encourage you to check it for any further updates.

Adoration Chapel – We would like to resume Adoration of the Blessed Sacrament in our Divine Mercy Chapel starting the first Friday of September (Sept. 3, 2021). During the month of August, we ask all parishioners and any volunteers to sign up for adoration so that we know we can safely open our chapel and expose the Blessed Sacrament. Adoration will be from 9:00 a.m. to 8:00 p.m., Monday to Friday.

If you are willing to dedicate even 15 minutes of your time, please contact the parish office and we will place you on the list. We require at least one person per hour for adoration.

Following the restrictions of the Ontario Health Ministry, we can have a maximum of 2 people in the chapel at a time.

Parish Security and Keys – Important Information

As of July 28, 2021, following diocesan policy, we have replaced the locks to the church, parish hall and rectory. Since many people had keys and access to the buildings and due to recent times and vandalism in churches across Canada, we wanted to make sure that we provide a safe and secure environment for our parishioners and also provide security for this sacred space. Beginning September 2021, any parish group wishing to use our facility will need to pick up a key from the parish office and return it to the office following the meeting. If you have any questions or need more information, please do not hesitate to contact the parish office.

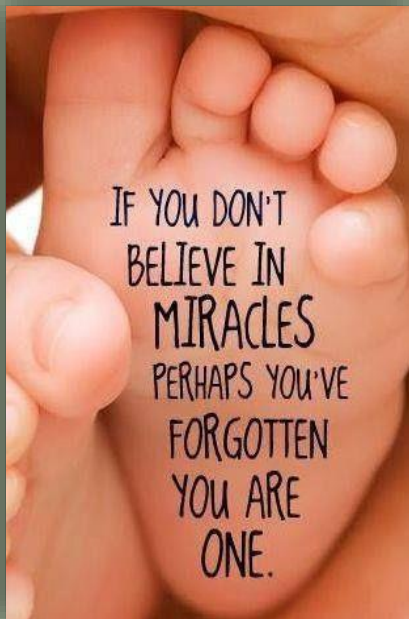
***To Inform, To Encourage, To Heal* - A Resource on Residential Schools in Canada**



In response to the recent discoveries of unmarked graves on the site of former Residential Schools across Canada, His Excellency, Bishop Crosby, OMI, issued a Pastoral Letter entitled: *To Inform, To Encourage, To Heal*.

His Excellency's letter, along with multiple resources including: a brief history of Residential Schools in Canada, Expressions of Apology and Actions and Commitments towards reconciliation,

have been encompassed in a special section on our diocesan website. In an effort to share this initiative further and to provide an informative response to inquiries of parishioners across the Diocese, we include the following link: <https://hamiltondiocese.com/residential-schools/>.



**Prayer Vigil
Thursday, August 5, 2021**

9:00 a.m. to 10:00 a.m. In front of Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road, Schneider Park. Any queries, please contact Cathy at: kwc.prayervigil@rogers.



First World Day of Grandparents and the Elderly

Our parish community marked this event by special prayer and a homily dedicated to the role of grandparents and the elderly in our society. Following the Sunday's Eucharist, coffee and sweets were served in our Parish Centre.



"A grandparent is a little bit parent, a little bit teacher, and a little bit best friend."

- UNKNOWN

Thank you! Thank you! Thank you!

A big thank you to the many volunteers who helped make our celebration of the first World Day of Grandparents and the Elderly so special! Thank you to Stefan & Beata Sebastian, Hilde and Robert; Magie Navaleza and Marlowe for serving and helping with the set up; and to Marimar and Fred McCauley for preparing the delicious treats! We couldn't have done it without you – Thank you!!



A Grandchild fills
a space in your



that you never
knew was empty