

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525
E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

St. Teresa of Ávila

“To have courage for whatever comes in life - everything lies in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Deacon: Rev. Mr. Taek Jong (TJ)
Maximus Han

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Custodian: Scott Piggott

Baptism Preparation Team:

CWL President:

Lector Co-ordinator: Mary Steffler

Eucharistic Minister Co-ordinator:
Kim Voelzing

Adoration Chapel Co-ordinator:
Elizabeth Heydel- Quintanilla –
519-590-5348

Secondary Chapel Co-ordinators:
Herb Altman – 519-893-4793

Rosemary Mussar – 519-743-5656

Prayer Group:

Magie Navaleza – 519-588-8668

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett
519-749-1501

St. Teresa School

Principal: Mr. Chris Luciani
Secretary: Connie Rawski
519-743-2131

Parish Office Hours

Monday - Friday
9:00 a.m. – 12:00 p.m.
1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m. (except in August)
5:00 p.m.

Confession: 30 min. before Mass; Sat., 4:15 – 4:45 p.m.
No Sunday Confession

Healing Mass: First Friday of each month
(September – June) – 7:00 p.m.

Prayer Meeting: Temporarily suspended

Weekday Schedule

Please check inside for
weekly schedule

Sunday Liturgy:

10:00 a.m.

Fifth Sunday in Ordinary Time

The Gospel Reading is from the Gospel of Matthew (5:13-16). This short passage follows immediately after Jesus' pronouncement of the Beatitudes.

**“You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored?
(...) You are the light of the world.
A city built on a hill cannot be hidden.”**

Salt is used as a preservative to save meat and food from spoiling as Jesus saves our souls from damnation and separation from God for sinning and falling from grace.

The symbols of salt and light are used here to explain how service to others can lead both the giver and the receiver into a closer walk with Jesus Christ. "Salt" has many uses, but the one that we most often think about is as a food enhancer, to bring out the best in food. When we help to bring out the "best" in someone else, we help ourselves as well. When we help others to "see the light" through our example, we both gain insight into our role in God's Plan of Salvation.

Light shines outwards and brings visibility just as spreading the gospel will allow others to see the truth of Jesus and salvation by faith. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians.

Accustom yourself continually to make many acts of love, for they enkindle and melt the soul.
St. Teresa of Ávila

Vocations

“You are the light of the world.” Are you willing to let your light shine as a priest, deacon, brother or sister or consecrated virgin? If you think God is calling you to a Church vocation, contact:

Fr. Mark Morley, Director of Vocations
(905-528-7988); vocations@hamiltondiocese.com
or

Missionary Oblates of Mary Immaculate Vocation Office
71 Indian Trail, Toronto, ON M6R 2A1
vocations@omiap.org

Adoration of the Blessed Sacrament - The Eucharist is the center and origin of the life of the Church. Therefore, Exposition of the Blessed Sacrament is taking place Monday to Friday from 9:00 a.m. – 8:00 p.m., in our church (Divine Mercy Chapel). We would like to invite our parishioners to sign up for adoration and dedicate at least one hour a week to be with Jesus and nourish your spiritual life. To sign up, please contact Elizabeth at 519-590-5348.

“If you are passing before a Church, enter to greet our Lord. Could you pass the door of a friend without saying hello?” St. Jean-Marie Vianney

Mass Intentions
February 6, 2023 – February 12, 2023

Tuesday, February 7, 2023 – **7:00 p.m.**
+ **Odessa Barrett** – *Bill Barrett*

Wednesday, February 8, 2023 – **8:30 a.m.**
+ **Frank & + Rose Lehmann** – *Lehmann Family*

Thursday, February 9, 2023 – **8:30 a.m.**
+ **Florence Cybulski** – *CWL*

Friday, February 10, 2023 – **8:30 a.m.**
Memorial of Saint Scholastica, Virgin
Intentions of Ken & Betty Skinner – *Ken & Ellie*

Saturday, February 11, 2023 –
Optional Memorial of Our lady of Lourdes; BVM
(World Day of the Sick)
9:00 a.m. – + **Mila Navaleza**
5:00 p.m. – + **Frances Hergott** – *Barb Hergott*

Sunday, February 12, 2023 – **10:00 a.m.**
Sixth Sunday in Ordinary Time – Year A
– **Parishioners of St. Teresa Parish**

Following the Diocesan Initiative to “Come Home for Christmas” we have suspended live-streaming from our church at this time.

Stewardship Report – January 29, 2023

Envelopes	\$ 1807.00
Loose	\$ 244.90
Votive Candles	\$ 71.65
Building Fund	\$ 544.45
Building Fund – In Mem - L. O'Donnell	\$ 115.00
Initial Offering 2023	\$ 45.00
World Youth Day Fundraising	\$ 1214.00

We are most appreciative of your ongoing prayerful and financial support.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving and Interac e-Transfer. Interac e-Transfers can be made using the following email account:

stteresakitchener@hamiltondiocese.com

Diocese of Hamilton Prayer Calendar

February 6 – Rev. Matthew Durham
February 7 – Rev. Kevin Upendran
February 8 – Missionaries
February 9 – Rev. Leszek Szczygiel
February 10 – Rev. Tom Moisan
February 11 – Rev. David Weise (<i>World Day of the Sick</i>)
February 12 – Sixth Sunday in Ordinary Time

PARISH ANNOUNCEMENTS

Preparing For Confirmation & First Communion & Reconciliation

First Reconciliation and First Communion – February 23, 2023 at 7:00 p.m. – Catechetical Session 3: “*Discovering the gift of the Eucharist*” – Part II (parents & candidates)

Confirmation – February 15, 2023 at 7:00 p.m. – Catechetical Session 3: “*Eucharist – the gift of God’s Love*” (parents & candidates)

Lift Jesus Higher Rally – Empowered to Stand
Saturday, March 4, 2023 – 9:00 a.m. to 5:30 p.m.
Metro Toronto Convention Centre (North Building)

Come experience compelling speakers and powerful praise and worship. There will be testimonials, Eucharistic Adoration, Confessions and more. Mass will be celebrated by His Eminence Thomas Cardinal Collins. **If you are interested, please sign up on the list provided at the back of the church. If we have enough people, we would organize a bus.**

Mass Intentions 2023 – The offering of Mass is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass. We will now accept all Mass Intentions.

World Youth Day – If anyone would like to support this project or if you know of a young person 16 yrs. of age or older who would like to attend World Youth Day in Lisbon, Portugal, please contact the parish office. We will have a presentation by the Oblate Youth Ministry **next Sunday**, February 12th, at the 10 a.m. Mass.

Income Tax Receipts for 2022 will be at the back of the church next weekend in alphabetical order. We would like to thank you for your generosity and continued support of our parish.

Stations of the Cross at St. Teresa Parish - We would like to invite all parish organizations, especially First Communion and Confirmation students to lead the Stations of the Cross during our Lenten season on **Friday at 7 p.m. beginning February 24th**. Please contact the parish office to let us know which Friday your group would like to lead.

EVENINGS WITH HIS EXCELLENCY- Bishop Wayne Lobsinger invites everyone to join him for “Evenings with His Excellency”. An opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month, 7 - 8:30 p.m., at St. Ann Church, Ancaster. It is also available by livestream on St. Ann’s YouTube channel. No cost, no homework, just an opportunity to learn about our faith. All are welcome.



Euchre – The games are scheduled for every second and fourth Wednesday of the month at 7:00 p.m. and will take place in the Rectory Basement Meeting Room. For information, call Chris - 519-575-1692.

THE CATHOLIC DATE NIGHT - Hosted by Kathleen and Jesse LeBlanc of *Found Together* - Are date nights with your spouse (or future spouse!) turning into Netflix binge nights? Do you want to grow in faith and prayer together? It’s time to level up your marriage vocation with The Catholic Date Night! Enjoy the LIVE monthly date nights from the comfort of your own home. Subscribe at www.wearefoundtogether.com/datenights and follow them on Instagram @TheCatholicDateNight for date night inspiration and more!



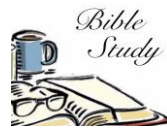
Celebrate Our Lady of Lourdes!
Saturday, February 11th
Our Lady of Lourdes Parish, Waterloo
Celebrant:

His Excellency Bishop Wayne Lobsinger

Exposition of the Blessed Sacrament and Confession at 6 p.m., followed by Holy Mass with Anointing of the Sick and veneration of St. Bernadette's relics at 7:00 p.m. Reception to follow in the parish hall.

Spaghetti Supper - St. Teresa Church, Elmira – **This Friday**, February 10th from 5:00 – 7:30 p.m. Cost: Adult - \$15 / Children 6-12 - \$8 / Family of Four - \$30 / 5 & Under – FREE. Takeout is also available.

CHRISTIAN LIFE PROGRAM - K-W Couples for Christ and their Family Ministries invite couples and singles to participate in their 8-week Christian Life Program at St. John’s Church Hall, 85 Strange St., Kitchener on Thursday evenings from Feb. 9 to Mar. 30. Dinner is provided at 6 p.m. and program starts at 7 p.m. The Christian Life Program is an integrated course intended to lead program participants into a renewed understanding of God’s call to them as Christian couples or individuals. There is no cost and kids watch will be provided. For more information or to register contact Raminta, 548-994-4020.



Follow Me:
Meeting Jesus in the Gospel of John

This study of the Gospel of John, is your guide to a personal encounter with Christ. Each session invites us to experience the joy of a renewed friendship with Jesus through study, prayer and lively group discussion. Bring your questions, we’ll explore and learn together!

Dates: Tuesdays - February 14 to April 11, 2023
Times: 9:45 a.m. to 11:45 a.m. or 7 p.m. to 9 p.m.
Cost: \$10.00
Location: Blessed Sacrament Parish, Kitchener

For more information or to register contact Bonnie: bonniegschroth@gmail.com; or call: 519-742-5061.