

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525
E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

St. Teresa of Ávila

“To have courage for whatever comes in life - everything lies in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Deacon: Rev. Mr. Taek Jong (TJ)
Maximus Han

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Custodian: Scott Piggott

Baptism Preparation Team:

CWL President:

Lector Co-ordinator: Mary Steffler

Eucharistic Minister Co-ordinator:
Kim Voelzing

Adoration Chapel Co-ordinator:
Elizabeth Heydel- Quintanilla –
519-590-5348

Secondary Chapel Co-ordinators:
Herb Altman – 519-893-4793

Rosemary Mussar – 519-743-5656

Prayer Group:

Magie Navaleza – 519-588-8668

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett
519-749-1501

St. Teresa School

Principal: Mr. Chris Luciani
Secretary: Connie Rawski
519-743-2131

Parish Office Hours

Monday - Friday
9:00 a.m. – 12:00 p.m.
1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m. (except in August)
5:00 p.m.

Confession: 30 min. before Mass; Sat., 4:15 – 4:45 p.m.
No Sunday Confession

Healing Mass: First Friday of each month
(September – June) – 7:00 p.m.

Prayer Meeting: Temporarily suspended

Weekday Schedule

Please check inside for
weekly schedule

Sunday Liturgy:

10:00 a.m.

Third Sunday of Lent

The Gospel is from St. John 4:5-42. Jesus tired and thirsty sat down at a well and there encountered a Samaritan woman who had come to draw water. Asking her for a drink, “He said to her, ‘If you knew the gift of God and who is saying to you, Give me a drink, you would have asked him and he would have given you living water... Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.’” (John 4:10; 13-14)

When Jesus spoke of ‘living water’ the woman would have understood this to be fresh water as a regularly available commodity that would save her from making so many trips to the well. Although more than 70% of the earth is covered with water about 96.5% of this is found in the oceans and only about 1% of all the water on earth is fresh water that we can actually use. Fresh water was precious and Jesus had definitely caught her interest and attention.

Saint Teresa of Avila likewise catches our attention when she refers to the stages of prayer as ‘waters of prayer’. Why this term? Water has movement; it flows. In contemplative prayer we speak of the inflow of grace into the soul, a movement of the Holy Spirit. What do we bring to the well? An empty vessel? Our weariness? A hungry heart? Good news to share with a neighbour? Respect? A rupture worse than a broken sandal strap? Fierce longing, hope and desire?

LENTEN EXERCISES AT OUR PARISH: Dedicate ONE HOUR or half an hour for prayer in front of the Blessed Sacrament in our Divine Mercy Chapel... Participate in Stations of the Cross each Friday at 7:00 p.m. Pray & reflect upon the text which you will receive each Sunday following the liturgy or read each day a short passage from the Bible. Choosing one of these commitments will help you to have a deep, powerful and unforgettable Lent! **It’s not what you give up... It’s what you want to give!**

My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humour, and some style.

St. Teresa of Ávila

Adoration of the Blessed Sacrament - is taking place Monday to Friday from 9:00 a.m. – 8:00 p.m., in our church (Divine Mercy Chapel). We would like to invite our parishioners to sign up for Adoration and dedicate at least one hour a week to be with Jesus and nourish your spiritual life. To sign up, please contact Elizabeth at 519-590-5348.

“If you are passing before a Church, enter to greet our Lord. Could you pass the door of a friend without saying hello?” St. Jean-Marie Vianney

Mass Intentions

March 13, 2023 – March 19, 2023

Tuesday, March 14, 2023 – 7:00 p.m.

Ken Skinner – Birthday Blessings

Wednesday, March 15, 2023 – 8:30 a.m.

+ **Linda Andrews**

Thursday, March 16, 2023 – 8:30 a.m.

+ **Mary Wawryk**

Friday, March 17, 2023 –

8:30 a.m. – Healing for Cora Reyes

7:00 p.m. – Stations of the Cross

Saturday, March 18, 2023 –

9:00 a.m. – + Franz Novak – Helene Meier

5:00 p.m. – + Roland Lemieux & + Patricia Gallant –

Stella Lemieux

Sunday, March 19, 2023 – 10:00 a.m.

Fourth Sunday of Lent (Laetare Sunday) – Year A

– Parishioners of St. Teresa Parish

Vocations

“But the one who drinks of the water that I will give will never be thirsty.” Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve him as a priest, deacon, brother or sister or consecrated virgin, contact:

Fr. Mark Morley, Director of Vocations:

905-528-7988; vocations@hamiltondiocese.com

or

Missionary Oblates of Mary Immaculate Vocation Office

71 Indian Trail, Toronto, ON M6R 2A1

vocations@omiap.org

Diocese of Hamilton Prayer Calendar

March 13 – Rev. Mark Sullivan

March 14 – Rev. David Wilhelm

March 15 – Lay Parish Ministers

March 16 – Rev. Peter Tuyen Nguyen

March 17 – Rev. Stephen Gilbert

March 18 – Rev. George Stortz

March 19 – **Fourth Sunday of Lent**

PARISH ANNOUNCEMENTS

Preparing For First Communion & Reconciliation:

April 19, 2023 at 7:00 p.m. – Catechetical Session 4: “We Prepare for Reconciliation” (*parents and candidates*)

Preparing For Confirmation:

March 15, 2023 at 7:00 p.m. – Catechetical Session 4: “Confirmed in the Spirit” (*parents and candidates*)

Stations of the Cross at St. Teresa Parish – Please join us for the Stations of the Cross during our Lenten season on **Fridays at 7 p.m.** Thank you to the Prayer Group, Parish Pastoral Council, St. Teresa Catholic Women’s League and the Choir, who have led over the last few weeks; and to our Lectors who will lead on March 17th, the parents of our First Holy Communion candidates who will lead on March 24th and the St. Teresa St. Vincent de Paul who will lead on March 31st.

Mass Intentions 2023 – The offering of Mass is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass.

Church Bulletin Advertising – Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in May 2023 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.

Mass of Chrism – The Mass of Chrism will take place at the Cathedral Basilica of Christ the King on **Monday, April 3, 2023 at 2:00 p.m.** This is a most beautiful liturgy in which the holy oils used in the sacraments of Baptism, Confirmation, Holy Orders and the Anointing of the Sick are consecrated and distributed to the parishes in our diocese; and the priests of our diocese gather around our Bishop, and in communion with him, renew the promises of their Ordination. All are invited to attend!

Stewardship Report – March 5, 2023	
Sunday Offerings	\$ 2048.45
Votive Candles	\$ 79.20
Building Fund	\$ 95.00
Building Fund – In Mem - L. O’Donnell	\$ 20.00
Turkey & Syria – Earthquake	\$ 3058.00

We are most appreciative of your ongoing prayerful and financial support.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving and Interac e-Transfer. Interac e-Transfers can be made using the following email account:

stteresakitchener@hamiltondiocese.com

Altar Servers – We continue to look for Altar Servers. We would like to invite families with children, who have received First Holy Communion, to sign up their children to serve at Mass. If you are interested, please pick up a registration form at the back of the church. We will have a formation session on **Sunday, March 12, 2023 at 9:30 a.m.**

Movie Screening – *Bridge of Roses* – On March 25th, following the 5 p.m. Mass, here at St. Teresa Parish we will have a screening of the film *Bridge of Roses*. We hope you will join us!

Solemnity of St. Joseph - Mass on Monday, **March 20th**, at 3:00 p.m. in the newly renovated Chapel at the **Carmel of St. Joseph, St. Agatha**. The celebrant will be Bishop Wayne Lobsinger. Light refreshments to follow.

Pope Francis – 10th Anniversary of his Pontificate – March 13th, 2023 marks the 10th Anniversary of the election of Pope Francis. Please keep the Holy Father in your prayers and if you wish to join the worldwide prayer initiative launched by the Digital Synod, visit or click on this link: [A special prayer initiative for the 10th anniversary of Pope Francis' pontificate - Vatican News](#)

Join the Reel Justice Film Festival for our fun family screening of ***Coco* March 23, 2023 at 6:30 p.m.!** This delightful film follows young Miguel as he dreams of becoming an accomplished musician, despite his family’s generations-old ban on music. Themes of Family and Community, Dignity of the Human Person, Forgiveness, and Cultural Diversity are explored. The screening will be hosted online. **R.S.V.P. and view our full schedule of events at www.reeljusticefilmfestival.wordpress.com/.** A partnership between the Bishop Farrell Library & Archives and Development and Peace.

Adult Faith Formation through VLCFF - The Diocese of Hamilton is proud to partner with Dayton University’s Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. Three and five week e-seminars are available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com.

Domestic Church Information Session

Domestic Church is a long-term formation for Sacramentally married couples seeking to grow in holiness together and with other couples. Learn more by attending the information session or contacting us.

When: Sunday, March 26th, 2023. Information session at 1:00 p.m. in parish hall after 11:45 a.m. Mass.

Where: Blessed Sacrament Parish, 305 Laurentian Dr., Kitchener.

For: Engaged and sacramentally married couples seeking to grow in holiness together and want to learn more about Domestic Church.

Children are welcome. Snacks will be provided.

Contact: Marta & Jacek Nawrot,
519-896-8979, domestic.church.ontario@gmail.com