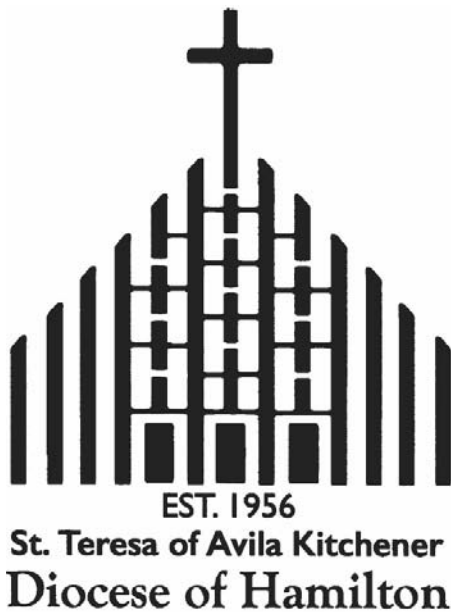




**Pastor**

Father Stefano Lee

**Parish Office Administrator**

Claire Rouleau

**Business Administrator**

David Agnew

**Custodian:** Seungho Hwang

**Parish School**

St. Teresa School

Principal: Pamela Baillie

Secretary: Connie Rawski

519-743-2131



## St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525

e-mail [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com) [www.stteresakjt.ca](http://www.stteresakjt.ca)

Facebook [www.facebook.com/stteresakjt](http://www.facebook.com/stteresakjt)

**Parish Office Hours**

Mon, Tues, Thurs & Fri

9:00 a.m. - 12:00 p.m.

1:00 p.m. - 5:00 p.m.

**Wednesday:**

Office Closed

**Weekday Liturgy Schedule**

Tuesday Evening: 7:00 p.m.

Wednesday Evening: 7:00 p.m. (Adoration @ 6:00)

Thursday & Friday Mornings: 8:30 a.m.

Saturday Morning: 9:00 a.m. (excluding August)

Please check inside for schedule changes.

**Saturday Liturgy:** 9:00 a.m. & 5:00 p.m. **Sunday Liturgy:** 10:00 a.m.

**Adoration and Mass:** First Friday of each month. Adoration at 6:00 p.m.

Mass at 7:00 p.m.

**NEW PARISHIONERS: WELCOME!** Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

**PARISH RECORDS:** Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

**SACRAMENT OF BAPTISM:** Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

**SACRAMENT OF RECONCILIATION:**

30 min. before Mass; Sat., 4:15-4:45 p.m. No Sunday Confession.

**SACRAMENT OF MARRIAGE:**

Engaged couples contact Parish Priest one year in advance.

**HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:**

Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

**ADORATION OF THE BLESSED SACRAMENT:**

Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

Co-ordinator: Sandra Naklusi - 226-789-1259

**PARISH BULLETIN:** News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

**Vocations:** [www.vocationinfo.ca](http://www.vocationinfo.ca)

**Catholic Cemeteries of the Diocese of Hamilton:** [www.thecatholiccemeteries.ca](http://www.thecatholiccemeteries.ca)

**PARISH BEQUEST:** Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.

Prayer to St. Michael, the Archangel

St. Michael the Archangel  
defend us in battle.  
Be our defense against the wickedness  
and snares of the Devil.  
May God rebuke him, we humbly pray,  
and do thou,  
O Prince of the heavenly hosts,  
by the power of God,  
thrust into hell Satan,  
and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls.  
Amen.

Series – Catechism of the Catholic Church

Section Two – The Father V. The Divine Works  
and the Trinitarian Missions

O my God, Trinity whom I adore, help me forget  
myself entirely so to establish myself in you,  
unmovable and peaceful as if my soul were already in  
eternity. May nothing be able to trouble my peace or  
make me leave you, O my unchanging God, but may  
each minute bring me more deeply into your mystery!  
Grant my soul peace. Make it your heaven, your  
beloved dwelling and the place of your rest. May I  
never abandon you there, but may I be there, whole  
and entire, completely vigilant in my faith, entirely  
adoring, and wholly given over to your creative  
action.<sup>102</sup>

3. The Almighty

268 of all the divine attributes, only God's  
omnipotence is named in the Creed: to confess this  
power has great bearing on our lives. We believe that  
his might is universal, for God who created everything  
also rules everything and can do everything. God's  
power is loving, for he is our Father, and mysterious,  
for only faith can discern it when it "is made perfect in  
weakness".<sup>103</sup>

"He does whatever he pleases"<sup>104</sup>

269 The Holy Scriptures repeatedly confess the  
universal power of God. He is called the "Mighty One  
of Jacob", the "LORD of hosts", the "strong and  
mighty" one. If God is almighty "in heaven and on  
earth", it is because he made them.<sup>105</sup> Nothing is  
impossible with God, who disposes his works  
according to his will.<sup>106</sup> He is the Lord of the universe,  
whose order he established and which remains wholly  
subject to him and at his disposal. He is master of  
history, governing hearts and events in keeping with

his will: "It is always in your power to show great  
strength, and who can withstand the strength of your  
arm?"<sup>107</sup>

"You are merciful to all, for you can do all thing"<sup>108</sup>

Taken from: [vatican.va/archive/ENG0015/\\_INDEX.HTM](http://vatican.va/archive/ENG0015/_INDEX.HTM)

Mass Intentions

September 22, 2025 – September 28, 2025

Tuesday, September 23, 2025 – 7:00 p.m.  
+ Daniel Gatchene – Shirley Gatchene

Wednesday, September 24, 2025 – 7:00 p.m.  
+ Deceased Members of the Tokarczyk Family – Shirley Gatchene

Thursday, September 25, 2025 – 8:30 a.m.  
+ Adolfo Couto – Tina Barbosa

Friday, September 26, 2025 – 8:30 a.m.  
The Intentions of Amanda Brenner

Saturday, September 27, 2025  
9:00 a.m.  
5:00 p.m. – Jason Hoch & Family – Jean Giles

Sunday, September 28, 2025 – 10:00 a.m.  
Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar

September 22 – Rev. David Reilander

September 23 – Rev. Andrew Czarny

September 24 – Salesians of St. Don Bosco, S.D.B.

September 25 – Very Rev. Joseph Okoko, i.v.Dei.

September 26 – Sts. Martyrs Canadiens

September 27 – Rev. Livinus Okamgba  
World Tourism Day

September 28 – Twenty-Sixth Sunday in Ordinary Time  
World Day of Migrants & Refugees

Stewardship Report – September 14<sup>th</sup>, 2025

Sunday Offerings .....\$ 1,820.00

Building & Maintenance.....\$ 253.20

We are most appreciative of your ongoing  
prayerful and financial support for our parish, St.  
Teresa of Avila, especially during our present time of  
financial need.

Donations to the parish can be made through the use of  
Sunday Offertory envelopes, Pre-Authorized Giving, E-  
Transfer, and CanadaHelps.

When you are traveling, please consider switching to E-  
transfer donations in your absence.

If you require further information on how to give, please  
contact the parish office, or visit the parish website for  
more details.

## Parish Announcements

### Mass Schedule – September 30<sup>th</sup>

Please note that there will be no Mass said on Tuesday, September 30<sup>th</sup> here at St. Teresa of Avila Parish. Any Mass intentions for that day will be offered during the parish pilgrimage Mass at the Martyrs' Shrine.

### Children's Liturgy – Volunteers Needed

We are looking for volunteers to help run our Children's Liturgy on Sundays at the 10:00 a.m. Mass during the school year. Without new volunteers, we will be unable to offer Children's Liturgy this year. If you are interested in helping with this important ministry, please contact the parish office.

### Divine Mercy Chapel

We have two openings in the chapel for Mondays at 3:00 p.m. and Thursdays at 2:00 p.m. Beginning September 18<sup>th</sup>, we will have two openings at 9:00 a.m. on Thursdays and Fridays. Come and spend a quiet hour with Jesus. Please contact Sandra Naklusi - 226-789-1259.

### Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

### Pilgrimage to Martyrs' Shrine – September 30<sup>th</sup>

Our parish will be hosting a pilgrimage to the Martyrs' Shrine in Midland Ontario. Departure will be at **9:00 a.m.** at St. Teresa of Avila Church, and we will carpool unless enough people register to rent a larger vehicle. We will attend Mass at the Shrine at 12:00 p.m. and visit Sainte-Marie among the Hurons. Lunch is to be covered by the parish. \$20 per parishioner, \$45 for non parishioners. Please fill out a sign-up sheet, found in the narthex, and return it to the parish office by September 24<sup>th</sup>.

## Diocese Announcements

### Bishop Crosby's 50<sup>th</sup> Anniversary of Priestly Ordination

His Excellency, Bishop Crosby, will celebrate the 50<sup>th</sup> anniversary with the Eucharist on Saturday, September 27<sup>th</sup>, 2025 at 5:00 p.m. in the Cathedral Basilica of Christ the King, Hamilton. Refreshments and an opportunity to greet the Bishop in McNally Hall following Mass. All are welcome.

### Jubilee Multicultural Mass

St. Thomas the Apostle Parish in Waterdown (715 Centre Rd) is hosting the Diocesan Jubilee Multicultural Mass on Sunday, October 5, 2025, at 3:00pm. This vibrant celebration embraces the rich cultural diversity that enriches our diocesan community. The Mass will feature prayers, readings, and hymns proclaimed in multiple languages including Spanish, Polish, Italian, Vietnamese, Korean, and others, reflecting the many cultures united in faith. Following the Mass, join us for a reception featuring cultural foods and entertainment from various communities. This event is a wonderful opportunity to come together in prayer, fellowship, and joyful celebration of our shared faith.

### Parenting Tip of the Month

Children thrive on routine and in truth, so does the whole family. During the summer we can be a little more relaxed on bedtime, eating and even clean up routines, but the rest of the year that can cause lots of challenges. As school begins, now is the time to sit as a family and set out your daily routines and expectations. Stick by them because once they become routine, everyone in the household will benefit! (Family Ministry Office; 905-528-7988 ext. 2250)

### Marriage Tip of the Month

In the busy schedules we often adhere to, we can let our time as a couple slip away, compromising it to accomplish other necessary things. The mistake of that is that we can become disconnected, distant and less in synch with each other. Take the time to schedule couple time and don't compromise, unless it is an emergency. Your relationship will flourish and spill over to other aspects of your life! (Family Ministry Office; 905-528-7988 ext. 2250)

### Wisdom of the Saints

"If we wish to learn the art of living well and dying well, let us not follow the crowd, which only believes and values what is seen. Instead let us follow Christ."

– St. Robert Bellarmine

### The Pope's Prayer Intention for September 2025

#### For our relationship with all of creation:

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

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