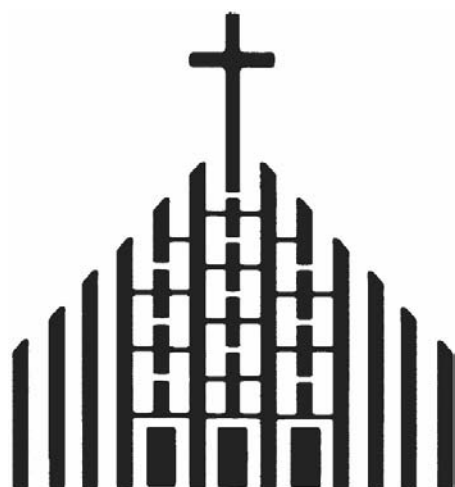




EST. 1956

**St. Teresa of Avila Kitchener
Diocese of Hamilton**

Pastor

Father Stefano Lee

Parish Office Administrator

Claire Rouleau

Business Administrator

David Agnew

Custodian: Seungho Hwang

Parish School

St. Teresa School

Principal: Pamela Baillie

Secretary: Connie Rawski

519-743-2131



St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525

e-mail stteresakitchener@hamiltondiocese.com www.stteresakit.ca

Facebook www.facebook.com/stteresakit

Parish Office Hours

Monday, Tuesday, Thursday & Friday

9:00 a.m. - 12:00 p.m.

1:00 p.m. - 5:00 p.m.

Weekday Liturgy Schedule

Please check inside for
weekly schedule.

Wednesday - Office Closed

Saturday Liturgy: 9:00 a.m. & 5:00 p.m. **Sunday Liturgy:** 10:00 a.m.

Adoration and Mass: First Friday of each month. Adoration at 6:00 p.m.
Mass at 7:00 p.m.

NEW PARISHIONERS: WELCOME! Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

PARISH RECORDS: Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

SACRAMENT OF BAPTISM: Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

SACRAMENT OF RECONCILIATION:
30 min. before Mass; Sat., 4:15-4:45 p.m. No Sunday Confession.

SACRAMENT OF MARRIAGE:
Engaged couples contact Parish Priest one year in advance.

HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

ADORATION OF THE BLESSED SACRAMENT:
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and
First Fridays at 6:00 p.m. in the church.
Co-ordinator: Sandra Naklusi - 226-789-1259

PARISH BULLETIN: News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

Vocations: www.vocationinfo.ca

Catholic Cemeteries of the Diocese of Hamilton: www.thecatholiccemeteries.ca

PARISH BEQUEST: *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Prayer to St. Michael, the Archangel

St. Michael the Archangel
defend us in battle.
Be our defense against the wickedness
and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the heavenly hosts,
by the power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls.
Amen.

Series – Catechism of the Catholic Church

Section Two – The Father III. The Holy Trinity in the Teaching of the Faith

256 St. Gregory of Nazianzus, also called "the Theologian", entrusts this summary of Trinitarian faith to the catechumens of Constantinople:

Above all guard for me this great deposit of faith for which I live and fight, which I want to take with me as a companion, and which makes me bear all evils and despise all pleasures: I mean the profession of faith in the Father and the Son and the Holy Spirit. I entrust it to you today. By it I am soon going to plunge you into water and raise you up from it. I give it to you as the companion and patron of your whole life. I give you but one divinity and power, existing one in three, and containing the three in a distinct way. Divinity without disparity of substance or nature, without superior degree that raises up or inferior degree that casts down. . . the infinite co-naturality of three infinities. Each person considered in himself is entirely God. . . the three considered together. . . I have not even begun to think of unity when the Trinity bathes me in its splendour. I have not even begun to think of the Trinity when unity grasps me. ⁹²

V. The Divine Works and the Trinitarian Missions

257 "O blessed light, O Trinity and first Unity!"⁹³ God is eternal blessedness, undying life, unfading light. God is love: Father, Son and Holy Spirit. God freely wills to communicate the glory of his blessed life. Such is the "plan of his loving kindness", conceived by the Father before the foundation of the world, in his beloved Son: "He destined us in love to be his sons" and "to be conformed to the image of his Son", through "the spirit of sonship".⁹⁴ This plan is a "grace [which] was given to us in Christ Jesus before the ages began", stemming immediately from Trinitarian love.⁹⁵ It unfolds in the work of creation, the whole history of salvation after the fall, and the missions of the Son and the Spirit, which are continued in the mission of the Church.⁹⁶

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions

September 1, 2025 – September 7, 2025

Tuesday, September 9, 2025 – 7:00 p.m.

+ **Odessa Barrett** – *Fatima Pacheco*

Wednesday, September 10, 2025 – 7:00 p.m.

+ **Delmar Ferreira** – *Citelia Ferreira*

Thursday, September 11, 2025 – 8:30 a.m.

Intentions of Jennifer Ferreira – *Citelia Ferreira*

Friday, September 12, 2025 – 7:00 p.m.

+ **Adolfo Couto** – *Tina Barbosa*

Saturday, September 13, 2025

9:00 a.m. – Intentions of Joe Pickett – *Joanna*

Macgillivray

5:00 p.m. – + Carl, Fran & Mary Pat Hergott – *Barb Hergott*

Sunday, September 14, 2025 – 10:00 a.m.

Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar

September 8 – **The Nativity of the Blessed Virgin Mary**

September 9 – Rev. David Perrin

September 10 – Sisters of Our Lady Immaculate,
S.O.L.I.

September 11 – Catholic Teachers

September 12 – Rev. Franjo Sprajc

September 13 – Rev. Matthew Durham

September 14 – **The Exaltation of the Holy Cross**

Stewardship Report

August 24th, 2025

Sunday Offerings	\$ 1,135.00
Building & Maintenance.....	\$ 595.50
Votives.....	\$ 10.25
Missionary Co-operative Donations.....	\$ 495.00
Rental Income.....	\$ 600.00

August 31st, 2025

Sunday Offerings	\$ 960.00
Building & Maintenance.....	\$ 705.00
Votives.....	\$ 10.95
Missionary Co-operative Donations.....	\$ 300.00
August Direct Deposit Donations.....	\$ 1,241.00
August E-transfer Donations.....	\$ 125.00
August CanadaHelps Donations.....	\$ 100.00

We are most appreciative of your ongoing prayerful and financial support for our parish, St. Teresa of Avila, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Divine Mercy Chapel

We have two openings in the chapel for Mondays at 3:00 p.m. and Thursdays at 2:00 p.m. Beginning September 18th, we will have two openings at 9:00 a.m. on Thursdays and Fridays. Come and spend a quiet hour with Jesus. Please contact Sandra Naklusi - 226-789-1259.

Children's Liturgy – Volunteers Needed

We are looking for volunteers to help run our Children's Liturgy on Sundays at the 10:00 a.m. Mass during the school year. Without new volunteers, we will be unable to offer Children's Liturgy this year. If you are interested in helping with this important ministry, please contact the parish office for an application form.

Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange.

RCIA

We will begin RCIA on September 10th at 8:00 p.m. and are looking for volunteers to help run it. If you feel called to this ministry, please contact the parish office or speak to Fr. Stefano. If you or someone you know is interested in becoming Catholic, and would like to join these upcoming sessions, please contact the parish office.

Diocese Announcements

Adult Faith Formation through VLCFF

The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2025. Three- and five-week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com

Fall Workshops for Liturgical Ministries

Lectors Workshop:

In this workshop, participants receive formation in Liturgy and Ministry, Techniques to Proclaim the Word of God, and an opportunity to practice. It is ideal for parishioners new to this ministry and a good refresher for experienced Ministers. Participants receive a mandate from the Bishop of Hamilton. The cost is \$35 and includes lunch. Workshops run from 9:30 a.m. to 3:00 p.m. Saturday, October 4, 2025, St. Michael Parish, Waterloo, and Saturday, November 1, 2025, St. Paul the Apostle Parish, Burlington. Register through the Diocese of Hamilton website under Upcoming Events/Workshops <https://hamiltondiocese.com/events/2025/08/minister-of-the-word-formation-workshop-3/>

Extraordinary Ministers of Communion:

In this workshop, participants receive formation in Liturgy, Eucharist and Ministry, Spiritual Preparation, Diocesan Norms and Guidelines, and an opportunity to practice. It is ideal for those who are new to this ministry and a good refresher for experienced ministers. Participants receive a mandate from the Bishop of Hamilton. The cost is \$35 and includes lunch. Workshops run 9:30 a.m. to 3:00 p.m. **Saturday, September 20, 2025**, St. Mary of the Assumption Parish, Owen Sound, and **Saturday, October 18, 2025**, St. Joseph Parish, Guelph, and **Saturday, November 22, 2025**, St. Raphael Parish, Burlington. Register through the Diocese of Hamilton website under Upcoming Events/Workshops <https://hamiltondiocese.com/events/2025/08/extraordinary-minister-of-communion-formation-workshops-4/>

Wisdom of the Saints

"How contrary to human nature are the divine teachings! Without the help of grace, it would be impossible not only to follow them but even to understand them."

– St. Thérèse of Lisieux

"Every soul purified through baptism and raised to the state of grace is thereby conceived through Christ and is born for his sake."

– St. Teresa Benedicta of the Cross

The Pope's Prayer Intention for September 2025

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

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