



EST. 1956

St. Teresa of Avila Kitchener  
Diocese of Hamilton

## St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525  
e-mail [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com) [www.stteresakit.ca](http://www.stteresakit.ca)

Facebook [www.facebook.com/stteresakit](http://www.facebook.com/stteresakit)

<b>Parish Office Hours</b>	<b>Weekday Liturgy Schedule</b>
Mon, Tues, Thurs & Fri 9:00 a.m. - 12:00 p.m. 1:00 p.m. - 5:00 p.m.	Tuesday Evening: 7:00 p.m. Wednesday Evening: 7:00 p.m. Thursday & Friday Mornings: 8:30 a.m. Saturday Morning: 9:00 a.m. (excluding August) <i>Please check inside for schedule changes.</i>
<b>Wednesday: Office Closed</b>	
<b>Saturday Liturgy:</b> 9:00 a.m. & 5:00 p.m.	<b>Sunday Liturgy:</b> 10:00 a.m.
<b>Adoration and Mass:</b> First Friday of each month. Mass at 7:00 p.m.	

**Pastor**

Father Stefano Lee

**Parish Office Administrator**

Claire Rouleau

**Business Administrator**

David Agnew

**Custodian**

Kabsoo Park

**Divine Mercy  
Chapel Coordinator**

Sandra Naklowski  
226-789-1259

**Parish School**

St. Teresa School  
Principal: Pamela Baillie  
Secretary: Connie Rawski  
519-743-2131

**NEW PARISHIONERS: WELCOME!** Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

**PARISH RECORDS:** Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

**SACRAMENT OF BAPTISM:** Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

**SACRAMENT OF RECONCILIATION:**  
30 min. before Mass; Sat., 4:15-4:45 p.m. No Sunday Confession.

**SACRAMENT OF MARRIAGE:**  
Engaged couples contact Parish Priest one year in advance.

**HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:**  
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

**ADORATION OF THE BLESSED SACRAMENT:**  
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

**PARISH BULLETIN:** News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

**Vocations:** [www.vocationinfo.ca](http://www.vocationinfo.ca)

**Catholic Cemeteries of the Diocese of Hamilton:** [www.thecatholiccemeteries.ca](http://www.thecatholiccemeteries.ca)

**PARISH BEQUEST:** *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Series – Catechism of the Catholic Church

Paragraph 5. Heaven and Earth

325 The Apostles' Creed professes that God is "creator of heaven and earth". the Nicene Creed makes it explicit that this profession includes "all that is, seen and unseen".

326 The Scriptural expression "heaven and earth" means all that exists, creation in its entirety. It also indicates the bond, deep within creation, that both unites heaven and earth and distinguishes the one from the other: "the earth" is the world of men, while "heaven" or "the heavens" can designate both the firmament and God's own "place" - "our Father in heaven" and consequently the "heaven" too which is eschatological glory. Finally, "heaven" refers to the saints and the "place" of the spiritual creatures, the angels, who surround God.<sup>186</sup>

327 The profession of faith of the Fourth Lateran Council (1215) affirms that God "from the beginning of time made at once (simul) out of nothing both orders of creatures, the spiritual and the corporeal, that is, the angelic and the earthly, and then (deinde) the human creature, who as it were shares in both orders, being composed of spirit and body."<sup>187</sup>

I. The Angles

The existence of angels - a truth of faith

328 The existence of the spiritual, non-corporeal beings that Sacred Scripture usually calls "angels" is a truth of faith. the witness of Scripture is as clear as the unanimity of Tradition.

Who are they?

329 St. Augustine says: "'Angel' is the name of their office, not of their nature. If you seek the name of their nature, it is 'spirit'; if you seek the name of their office, it is 'angel': from what they are, 'spirit', from what they do, 'angel'."<sup>188</sup> With their whole beings the angels are servants and messengers of God. Because they "always behold the face of my Father who is in heaven" they are the "mighty ones who do his word, hearkening to the voice of his word".<sup>189</sup>

330 As purely spiritual creatures angels have intelligence and will: they are personal and immortal creatures, surpassing in perfection all visible creatures, as the splendour of their glory bears

Taken from: vatican.va/archive/ENG0015/\_INDEX.HTM

Mass Intentions

February 2, 2026 – February 8, 2026

Tuesday, February 3, 2026 – 7:00 p.m.

Wednesday, February 4, 2026 – 7:00 p.m.

Thursday, February 5, 2026 – 8:30 a.m.

Friday, February 6, 2026 – 7:00 p.m.

Saturday, February 7, 2026

9:00 a.m.

5:00 p.m. – + Leona & Sheldon Grobe – Peter Grobe

Sunday, February 8, 2026 – 10:00 a.m.

Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar

February 2 – The Presentation of the Lord

World Day for Consecrated Life

February 3 – Rev. Allen Varlaki

February 4 – Missionaries

February 5 – Rev. Charles Jordan

February 6 – Rev. Ken Miskiewicz

February 7 – Rev. Florian Stasinski, C.R.

February 8 – Fifth Sunday in Ordinary Time

Stewardship Report – January 25<sup>th</sup>, 2026

To be published in next week's bulletin, due to weather-related delays to counting the collection.

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

First Friday Mass – February 6<sup>th</sup>

A reminder that our First Friday Mass will take place in the evening of February 6<sup>th</sup> at 7:00 p.m., with a Holy Hour beginning at 6:00 p.m. prior to the Mass. There will be no 8:30 a.m. Mass.

Marian Mass – February 7<sup>th</sup>

A reminder that our first Saturday morning Mass of the month at 9:00 a.m. is a Marian Mass.

### Coffee Sunday – February 8<sup>th</sup>

This month's Coffee Sunday will take place on February 8<sup>th</sup> following the 10:00 a.m. Mass. We invite you to join our parish community for coffee, tea and snacks!

### Legion of Mary

We are excited to introduce the Legion of Mary in in our parish. The Legion of Mary is a lay apostolate bringing its active members to deepen their holiness through prayer and works of mercy in the Parish. Auxiliary members lift these works to Jesus through our Blessed Mother with their commitment to prayer. We will be at your Parish this weekend, for signups and to share more about the Legion. We look forward to talking with you and having you join us. Our come and see meeting will be on Wednesday, February 11<sup>th</sup> following evening Mass. For more information, please contact Sr. Lisa Cleasby, Curia President at 519-572-2618 or [lamcleasby@hotmail.com](mailto:lamcleasby@hotmail.com).

### Knights of Columbus – Maple Syrup Fundraiser

The Kitchener Knights of Columbus will be selling our 500ml bottles of locally-tapped maple syrup just in time for Shrove Tuesday. To continue this tradition, syrup will be available following the weekend masses of February 14<sup>th</sup> and 15<sup>th</sup>. Your support will help us with various local charities. Please, cash sales only.

### 2026 Parish Calendars

Our 2026 parish calendars are available for \$15 each at the back of the church.

### 2026 Giving Envelopes

Remember to pick up your 2026 Giving Envelopes for next year! If you do not have envelopes and wish to start using them, please contact the parish office.

### Divine Mercy Chapel

We have openings in the chapel for Mondays at 3:00 to 4:00 p.m., Thursdays at 2:00 to 3:00 p.m., and Fridays at 3:00 to 4:00 p.m. Come and spend a quiet hour with Jesus. Please contact Sandra Naklowski - 226-789-1259.

### Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

## Diocese Announcements

### Installation of the 10th Bishop of Hamilton

The Installation of His Excellency, Bishop Joseph Dabrowski, as the *10th Bishop of Hamilton* will take place on Monday, February 2, at 11:00 a.m. at the Cathedral Basilica of Christ the King in Hamilton. This is an invitation-only liturgical celebration. For those unable to attend in person, the Mass will be livestreamed (link to come), allowing the wider diocesan community to participate prayerfully from home. A few weeks following the Installation, Bishop Dabrowski will celebrate Mass with the diocesan community on the First Sunday of Lent. Further details will be shared in the coming weeks: [hamiltondiocese.com/events/2026/01/installation-of-the-10th-bishop-of-hamilton/](http://hamiltondiocese.com/events/2026/01/installation-of-the-10th-bishop-of-hamilton/)

### The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at [hamiltondiocese.com](http://hamiltondiocese.com), or call the Family Ministry Office at 905-528-7988 ext. 2249.

### Young Adults Night

Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night begins at 6:30 p.m. on **Saturday, February 7<sup>th</sup> at St. Michael's Church, Waterloo ON**. Sponsored by the Vocations For more information, contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

#### Wisdom of the Saints

"I admit that we are all weak, but if we want help, God has given us the means to find it easily."

– St. Charles Borromeo

#### Pope Leo XIV's Prayer Intention for February 2026

##### For children with incurable diseases:

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

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