



EST. 1956

St. Teresa of Avila Kitchener  
Diocese of Hamilton

## St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525  
e-mail [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com) [www.stteresakit.ca](http://www.stteresakit.ca)

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|---|---|
| <b>Parish Office Hours</b>  | <b>Weekday Liturgy Schedule</b>   |
| Mon, Tues, Thurs & Fri<br>9:00 a.m. - 12:00 p.m.<br>1:00 p.m. - 5:00 p.m.   | Tuesday Evening: 7:00 p.m.<br>Wednesday Evening: 7:00 p.m.<br>Thursday & Friday Mornings: 8:30 a.m.<br>Saturday Morning: 9:00 a.m. (excluding August)<br><i>Please check inside for schedule changes.</i> |
| <b>Wednesday:<br/>Office Closed</b>   |   |
| <b>Saturday Liturgy:</b> 9:00 a.m. & 5:00 p.m.                              | <b>Sunday Liturgy:</b> 10:00 a.m.   |
| <b>Adoration and Mass:</b> First Friday of each month.<br>Mass at 7:00 p.m. |   |

**Pastor**

Father Stefano Lee

**Parish Office Administrator**

Claire Rouleau

**Business Administrator**

David Agnew

**Custodian**

Kabsoo Park

**Divine Mercy  
Chapel Coordinator**

Sandra Nakluski  
226-789-1259

**Parish School**

St. Teresa School  
Principal: Pamela Baillie  
Secretary: Connie Rawski  
519-743-2131

**NEW PARISHIONERS: WELCOME!** Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

**PARISH RECORDS:** Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

**SACRAMENT OF BAPTISM:** Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

**SACRAMENT OF RECONCILIATION:**  
6:30-6:50 p.m. on Wednesdays and 8:30-8:50 a.m. on Saturdays.

**SACRAMENT OF MARRIAGE:**  
Engaged couples contact Parish Priest one year in advance.

**HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:**  
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

**ADORATION OF THE BLESSED SACRAMENT:**  
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

**PARISH BULLETIN:** News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

**Vocations:** [www.vocationinfo.ca](http://www.vocationinfo.ca)

**Catholic Cemeteries of the Diocese of Hamilton:** [www.thecatholiccemeteries.ca](http://www.thecatholiccemeteries.ca)

**PARISH BEQUEST:** *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

**Series – Catechism of the Catholic Church**

**Paragraph 5. Heaven and Earth**

340 God wills the interdependence of creatures. the sun and the moon, the cedar and the little flower, the eagle and the sparrow: the spectacle of their countless diversities and inequalities tells us that no creature is self-sufficient. Creatures exist only in dependence on each other, to complete each other, in the service of each other.

341 The beauty of the universe: the order and harmony of the created world results from the diversity of beings and from the relationships which exist among them. Man discovers them progressively as the laws of nature. They call forth the admiration of scholars. the beauty of creation reflects the infinite beauty of the Creator and ought to inspire the respect and submission of man's intellect and will.

342 The hierarchy of creatures is expressed by the order of the "six days", from the less perfect to the more perfect. God loves all his creatures<sup>209</sup> and takes care of each one, even the sparrow. Nevertheless, Jesus said: "You are of more value than many sparrows", or again: "of how much more value is a man than a sheep!"<sup>210</sup>

343 Man is the summit of the Creator's work, as the inspired account expresses by clearly distinguishing the creation of man from that of the other creatures.<sup>211</sup>

344 There is a solidarity among all creatures arising from the fact that all have the same Creator and are all ordered to his glory: May you be praised, O Lord, in all your creatures, especially brother sun, by whom you give us light for the day; he is beautiful, radiating great splendour, and offering us a symbol of you, the Most High. . .

May you be praised, my Lord, for sister water, who is very useful and humble, precious and chaste.  
 May you be praised, my Lord, for sister earth, our mother, who bears and feeds us, and produces the variety of fruits and dappled flowers and grasses. . .  
 Praise and bless my Lord, give thanks and serve him in all humility.<sup>212</sup>

*Taken from: vatican.va/archive/ENG0015/\_INDEX.HTM*

**Mass Intentions**  
**February 23, 2026 – March 1, 2026**

Wednesday, February 25, 2026 – **7:00 p.m.**  
 + **Ken Skinner** – *Helene Meier*

Saturday, February 28, 2026  
**5:00 p.m.** + **Leona & Sheldon Grobe** – *Peter Grobe*

Sunday, February 22, 2026 – **10:00 a.m.**  
**Parishioners of St. Teresa Parish**

**Diocese of Hamilton Prayer Calendar**

February 23 – Rev. Joonbin Lim  
 February 24 – Rev. Ralph Diodati  
 February 25 – Society of the Sacred Heart of Jesus, R.S.C.J.  
 February 26 – Rev. Saju Oreethaparambil, C.Ss.R.  
 February 27 – Rev. Kevin Upendran  
 February 28 – Rev. Drago Gacnik, S.D.B.  
 March 1 – **Second Sunday of Lent**

| <b>Stewardship Report – February 15<sup>th</sup>, 2026</b> |             |
|--|-------------|
| Sunday Offerings .....                                     | \$ 1,785.00 |
| Building & Maintenance.....                                | \$ 239.10   |
| Votives.....   | \$ 41.75    |

**We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.**

**Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.**

**If you require further information on how to give, please contact the parish office, or visit the parish website for more details.**

**Parish Announcements**

**Notice – Painting Church Walls**

Beginning February 23<sup>rd</sup>, painting the church walls will be underway until midweek the first week of March. Special thanks to our Maintenance Committee and Ken Fields for helming this project to refresh and brighten our church!

**Notice – Fr. Stefano Away & Mass Times**

Please note that Fr. Stefano will be away beginning February 23<sup>rd</sup> until March 17<sup>th</sup>. While he is away, Fr. Murray McDermott will cover the Saturday evening and Sunday morning weekend Masses, as well as the Wednesday evening weekday Mass. Our regular weekday Mass schedule will resume on March 18<sup>th</sup>.

### Parish Sacrament of Reconciliation Changes

Parish confession times have been updated to reflect our parish needs. Confessions will now be offered from 6:30 to 6:50 p.m. on Wednesdays and 8:30 to 8:50 a.m. and 4:30 to 4:50 p.m. on Saturdays.

### Legion of Mary

The Legion of Mary come and see meeting has been postponed due to the health concerns of Sr. Lisa Cleasby. Please keep her in your prayers! The new meeting date is February 25<sup>th</sup> following the Mass. For more information, please contact Sr. Lisa Cleasby, Curia President at 519-572-2618 or [lamcleasby@hotmail.com](mailto:lamcleasby@hotmail.com).

### Divine Mercy Chapel

We have openings in the chapel for Mondays at 3:00 to 4:00 p.m., Thursdays at 2:00 to 3:00 p.m., and Fridays at 3:00 to 4:00 p.m. Come and spend a quiet hour with Jesus. Please contact Sandra Nakluski - 226-789-1259.

### Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

### Connecting with a Priest While in Hospital

Parishioners who are hospitalized and require a priest are encouraged to notify the hospital nurses, who will connect you with the chaplain. If the chaplain unavailable, they will help you connect with the on-call priest. If the on-call priest is unavailable, please contact Fr. Stefano by calling (519) 743-4525 and dialing either line.

## Diocese Announcements

### The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at [hamiltondiocese.com](http://hamiltondiocese.com), or call the Family Ministry Office at 905-528-7988 ext. 2249.

### Parenting Tip of the Month

We are constantly teaching our kids by what we choose to make a priority. We encourage schoolwork to be done well, engage in extra-curricular activities for fun and development, pray and attend Mass so faith stays at the forefront of our family values. We are however, also teaching our children when we are not trying to teach them. In those moments we are silently saying, you matter and I love being with you, that family time to relax is vital to good mental health and that undertaking chores together connects us as a family. So, enjoy the non-teaching times because they matter more than you might think! (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

### Marriage Tip of the Month

We communicate by using words, sometimes without thinking about their impact. Words can build someone up or tear them down. It is the same in our relationships, the words we choose to express ourselves can impact our relationship, even when there is an issue, positively or negatively. Severe words that criticize, words used in harsh tones, words that are not true, or worse, saying nothing at all but acting angry, all escalate sometimes small matters into a storm. Speaking the truth and expressing needs in ways that are not negative will resolve matters and do no harm, in fact, they will strengthen your love and bond. (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

### Young Adults Night

Fr. Mark Morley invites young adults (ages 20s and 30s) of our diocese to attend an evening of Adoration, fellowship and music for Lent in support of you as you discern your vocation and as we prepare to celebrate Easter. The Young Adults Night begins at 6:30 p.m. on Saturday, March 7th at St. Ann Church (120 Sherman Avenue North, Hamilton, ON). For information, contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

### Wisdom of the Saints

“Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit and raises a person to heaven.”

– St. Ephrem

### Pope Leo XIV's Prayer Intention for February 2026

#### For children with incurable diseases:

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

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