



EST. 1956

St. Teresa of Avila Kitchener
Diocese of Hamilton

St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525
e-mail stteresakitchener@hamiltondiocese.com www.stteresakit.ca
Facebook www.facebook.com/stteresakit

Parish Office Hours Mon, Tues, Thurs & Fri 9:00 a.m. - 12:00 p.m. 1:00 p.m. - 5:00 p.m.
Wednesday: Office Closed
Weekday Liturgy Schedule Tuesday Evening: 7:00 p.m. Wednesday Evening: 7:00 p.m. Thursday & Friday Mornings: 8:30 a.m. Saturday Morning: 9:00 a.m. (excluding August) Please check inside for schedule changes.
Saturday Liturgy: 9:00 a.m. & 5:00 p.m. **Sunday Liturgy:** 10:00 a.m.
Adoration and Mass: First Friday of each month. Mass at 7:00 p.m.

Pastor

Father Stefano Lee

Parish Office Administrator

Claire Rouleau

Business Administrator

David Agnew

Custodian

Kabsoo Park

**Divine Mercy
Chapel Coordinator**

Sandra Naklowski
226-789-1259

Parish School

St. Teresa School
Principal: Pamela Baillie
Secretary: Connie Rawski
519-743-2131

NEW PARISHIONERS: WELCOME! Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

PARISH RECORDS: Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

SACRAMENT OF BAPTISM: Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

SACRAMENT OF RECONCILIATION: 6:30-6:50 p.m. on Wednesdays and 8:30-8:50 a.m. on Saturdays.

SACRAMENT OF MARRIAGE: Engaged couples contact Parish Priest one year in advance.

HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK: Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

ADORATION OF THE BLESSED SACRAMENT: Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

PARISH BULLETIN: News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

Vocations: www.vocationinfo.ca

Catholic Cemeteries of the Diocese of Hamilton: www.thecatholiccemeteries.ca

PARISH BEQUEST: Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.

Series – Catechism of the Catholic Church

Paragraph 5. Heaven and Earth

Christ "with all his angels"

331 Christ is the centre of the angelic world. They are his angels: "When the Son of man comes in his glory, and all the angels with him. . .¹⁹¹ They belong to him because they were created through and for him: "for in him all things were created in heaven and on earth, visible and invisible, whether thrones or dominions or principalities or authorities - all things were created through him and for him."¹⁹² They belong to him still more because he has made them messengers of his saving plan: "Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?"¹⁹³

332 Angels have been present since creation and throughout the history of salvation, announcing this salvation from afar or near and serving the accomplishment of the divine plan: they closed the earthly paradise; protected Lot; saved Hagar and her child; stayed Abraham's hand; communicated the law by their ministry; led the People of God; announced births and callings; and assisted the prophets, just to cite a few examples.¹⁹⁴ Finally, the angel Gabriel announced the birth of the Precursor and that of Jesus himself.¹⁹⁵

333 From the Incarnation to the Ascension, the life of the Word incarnate is surrounded by the adoration and service of angels. When God "brings the firstborn into the world, he says: 'Let all God's angels worship him.'"¹⁹⁶ Their song of praise at the birth of Christ has not ceased resounding in the Church's praise: "Glory to God in the highest!"¹⁹⁷ They protect Jesus in his infancy, serve him in the desert, strengthen him in his agony in the garden, when he could have been saved by them from the hands of his enemies as Israel had been.¹⁹⁸ Again, it is the angels who "evangelize" by proclaiming the Good News of Christ's Incarnation and Resurrection.¹⁹⁹ They will be present at Christ's return, which they will announce, to serve at his judgement.²⁰⁰

The angels in the life of the Church

334 In the meantime, the whole life of the Church benefits from the mysterious and powerful help of angels.²⁰¹

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions	
February 9, 2026 – February 15, 2026	
Tuesday, February 10, 2026 – 7:00 p.m.	
Wednesday, February 11, 2026 – 7:00 p.m.	+ Delmar Ferreira – <i>Citelia Ferreira</i>
Thursday, February 12, 2026 – 8:30 a.m.	Intentions of the Goveia Family – <i>Citelia Ferreira</i>
Friday, February 13, 2026 – 8:30 a.m.	
Saturday, February 14, 2026	
9:00 a.m.	
5:00 p.m.	
Sunday, February 15, 2026 – 10:00 a.m.	+ Marion Lukas – <i>Ann Snyder</i>

Diocese of Hamilton Prayer Calendar	
February 9 – Rev. Lourdy Dorismond, O.M.I.	
February 10 – St. Scholastica, Virgin	
February 11 – Discalced Carmelite Nuns, O.C.D.	<i>World Day of the Sick</i>
February 12 – Parents & Guardians	
February 13 – Rev. Hanh Van Tran, O.M.I.	
February 14 – Rev. Adam Voisin	
February 15 – Sixth Sunday in Ordinary Time	

Stewardship Report – January 25 th , 2026	
Sunday Offerings	\$ 1,490.00
Building & Maintenance.....	\$ 791.20
Initial Offerings.....	\$ 5.00
Votives.....	\$ 32.75
Stewardship Report – February 1 st , 2026	
Sunday Offerings	\$ 1,610.00
Building & Maintenance.....	\$ 328.55
Seminary Education.....	\$ 270.00

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Reminder: Parking
A reminder to parishioners and visitors to avoid parking in the fire routes along the driveways into the parking lot.

Parish Sacrament of Reconciliation Changes

Parish confession times have been updated to reflect our parish needs. Confessions will now be offered from 6:30 to 6:50 p.m. on Wednesdays and 8:30 to 8:50 a.m. on Saturdays.

Legion of Mary

The Legion of Mary come and see meeting will be this week on Wednesday, February 11th following evening Mass. For more information, please contact Sr. Lisa Cleasby, Curia President at 519-572-2618 or lamcleasby@hotmail.com.

Knights of Columbus – Maple Syrup Fundraiser

The Kitchener Knights of Columbus will be selling our 500ml bottles of locally-tapped maple syrup just in time for Shrove Tuesday. To continue this tradition, syrup will be available following the weekend masses of February 14th and 15th.

Your support will help us with various local charities. Please, cash sales only.

Serra Club – Kitchener-Waterloo

The Serra Club is glad to resume meetings at **St. Agnes Parish, Waterloo** on the second Thursday of the month. Join us at St. Agnes for a Holy Hour, Rosary and Benediction at 6:00 and Mass at 7:00. There will be a brief meeting and fellowship in the parish hall following evening Mass.

Serrans are lay Catholics – men and women of all ages and from all walks of life, all dedicated to promote and foster vocations. Serra International (“Serra”) is formally recognized by the Holy See as the only global lay apostolate for vocations in the Catholic Church. Masses for 2026 are February 12, March 12, April 9, May 14, June 11, July 9, August 13, September 19, October 8, November 12, December 10, 2026.

Join us for the Rosary on ZOOM every Monday at 7:00 pm. Address: 891 4699 8295, Pass Code GvsW9U. New members are welcome! Contact ma_zister@hotmail.com.

Divine Mercy Chapel

We have openings in the chapel for Mondays at 3:00 to 4:00 p.m., Thursdays at 2:00 to 3:00 p.m., and Fridays at 3:00 to 4:00 p.m. Come and spend a quiet hour with Jesus. Please contact Sandra Nakluski - 226-789-1259.

Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

Diocese Announcements

Spring Book Club: “On Love of the Poor”

The Office for Evangelization and Catechesis invite you to join us for a four-week virtual book club, exploring Pope Leo XIV’s first Apostolic Exhortation, “*On Love of the Poor.*” Aligned with our Lenten journey, this series will explore the key themes and messages of our Holy Father’s message on love and solidarity with those who experience marginalization. Registration can be made here:

<https://hamiltondiocese.com/events/>

Speaking Synodality

The Office for Evangelization and Catechesis invites you to join our three-part workshop series on Synodality and its applications in local parish settings. This seminar is encouraged for those involved in parish councils, pastoral planning, and leadership at all levels of Catholic community living. There will be 2 locations for each 3-part session series: Hamilton (with a Zoom option) and, Guelph. Registration and further details can be found here:

<https://hamiltondiocese.com/events/>

The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at hamiltondiocese.com, or call the Family Ministry Office at 905-528-7988 ext. 2249.

Wisdom of the Saints

“A great means to preserve continual peace and tranquility of soul is to receive everything from the hands of God, both great and small, and in whatever way it comes.”

– St. Dorotheus

Pope Leo XIV’s Prayer Intention for February 2026

For children with incurable diseases:

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

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