



EST. 1956

St. Teresa of Avila Kitchener  
Diocese of Hamilton

# St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525  
e-mail [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com) [www.stteresakit.ca](http://www.stteresakit.ca)

Facebook [www.facebook.com/stteresakit](http://www.facebook.com/stteresakit)

### Parish Office Hours

Mon, Tues, Thurs & Fri  
9:00 a.m. - 12:00 p.m.  
1:00 p.m. - 5:00 p.m.

Wednesday:  
Office Closed

### Weekday Liturgy Schedule

Tuesday Evening: 7:00 p.m.  
Wednesday Evening: 7:00 p.m.  
Thursday & Friday Mornings: 8:30 a.m.  
Saturday Morning: 9:00 a.m. (excluding August)  
*Please check inside for schedule changes.*

Saturday Liturgy: 9:00 a.m. & 5:00 p.m. Sunday Liturgy: 10:00 a.m.

Adoration and Mass: First Friday of each month.  
Mass at 7:00 p.m.

### Pastor

Father Stefano Lee

### Parish Office Administrator

Claire Rouleau

### Business Administrator

David Agnew

### Custodian

Kabsoo Park

### Divine Mercy Chapel Coordinator

Sandra Naklusk  
226-789-1259

### Parish School

St. Teresa School  
Principal: Pamela Baillie  
Secretary: Connie Rawski  
519-743-2131

**NEW PARISHIONERS: WELCOME!** Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

**PARISH RECORDS:** Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

**SACRAMENT OF BAPTISM:** Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

**SACRAMENT OF RECONCILIATION:**  
6:30-6:50 p.m. on Wednesdays and 8:30-8:50 a.m. on Saturdays.

**SACRAMENT OF MARRIAGE:**  
Engaged couples contact Parish Priest one year in advance.

**HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:**  
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

**ADORATION OF THE BLESSED SACRAMENT:**  
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

**PARISH BULLETIN:** News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

**Vocations:** [www.vocationinfo.ca](http://www.vocationinfo.ca)

**Catholic Cemeteries of the Diocese of Hamilton:** [www.thecatholiccemeteries.ca](http://www.thecatholiccemeteries.ca)

**PARISH BEQUEST:** *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Series – Catechism of the Catholic Church

Paragraph 5. Heaven and Earth

345 The sabbath - the end of the work of the six days. the sacred text says that "on the seventh day God finished his work which he had done", that the "heavens and the earth were finished", and that God "rested" on this day and sanctified and blessed it.<sup>213</sup> These inspired words are rich in profitable instruction:

346 In creation God laid a foundation and established laws that remain firm, on which the believer can rely with confidence, for they are the sign and pledge of the unshakeable faithfulness of God's covenant.<sup>214</sup> For his part man must remain faithful to this foundation, and respect the laws which the Creator has written into it.

347 Creation was fashioned with a view to the sabbath and therefore for the worship and adoration of God. Worship is inscribed in the order of creation.<sup>215</sup> As the rule of St. Benedict says, nothing should take precedence over "the work of God", that is, solemn worship.<sup>216</sup> This indicates the right order of human concerns.

348 The sabbath is at the heart of Israel's law. To keep the commandments is to correspond to the wisdom and the will of God as expressed in his work of creation.

349 The eighth day. But for us a new day has dawned: the day of Christ's Resurrection. the seventh day completes the first creation. the eighth day begins the new creation. Thus, the work of creation culminates in the greater work of redemption. the first creation finds its meaning and its summit in the new creation in Christ, the splendour of which surpasses that of the first creation.<sup>217</sup>

Paragraph 6. Man

355 "God created man in his own image, in the image of God he created him, male and female he created them."<sup>218</sup> Man occupies a unique place in creation: (I) he is "in the image of God"; (II) in his own nature he unites the spiritual and material worlds; (III) he is created "male and female"; (IV) God established him in his friendship.

Taken from: vatican.va/archive/ENG0015/\_INDEX.HTM

Mass Intentions
March 2, 2026 – March 8, 2026
Wednesday, March 4, 2026 – 7:00 p.m.
Friday, March 6, 2026 – 7:00 p.m.
Saturday, March 7, 2026
5:00 p.m. – + Mr. & Mrs. Michael Reitzel – Ann Snyder
Sunday, March 8, 2026 – 10:00 a.m.
Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar
March 2 – Rev. Ambroise Tshiaba
March 3 – Rev. Andrew Lopatniuk
March 4 – Society of African Missions, S.M.A.
March 5 – Very Rev. Msgr. Murray Kroetsch
March 6 – World Day of Prayer
March 7 – Rev. Bernard (Mike) Francis
March 8 – Third Sunday of Lent

Stewardship Report – February 22nd, 2026
Sunday Offerings .....\$ 1,073.00
Building & Maintenance.....\$ 936.10
Votives.....\$ 24.00

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Notice – Painting Church Walls

Painting the church walls will continue until midweek this week. Special thanks to our Maintenance Committee and Ken Fields for helming this project to refresh and brighten our church!

Coffee Sunday – March 8th

This month's Coffee Sunday will take place on March 8th following the 10:00 a.m. Mass in the parish hall. We invite you to join our parish community for coffee, tea and snacks!

Daylight Savings – March 8th

A reminder that Sunday, March 8th is Daylight Savings and our clocks will Spring forward an hour.

**Parish Lenten Schedule**

**Fridays at 7:00 p.m. during Lent**

Mass followed by the Stations of the Cross

**Thursday, March 19<sup>th</sup> at 7:00 p.m.**

First Sacrament of Reconciliation for First Holy Communion Candidates

**Wednesday, March 25<sup>th</sup> following the 7:00 p.m. Mass**

Parish Lenten Sacrament of Reconciliation

**Notice – Fr. Stefano Away & Mass Times**

Please note that Fr. Stefano will be away until March 17<sup>th</sup>. Our Mass coverage will be provided as follows:

- Fr. Sunil D’Souza: February 25<sup>th</sup>
- Fr. David Lewis: February 28<sup>th</sup>, March 1<sup>st</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>
- Fr. Hanh Van Tran: February 27<sup>th</sup>, March 13<sup>th</sup>
- Fr. Toby Collins: March 4<sup>th</sup>, 11<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>

Special thanks to the priests who are providing Mass coverage for Fr. Stefano and our parish while he is away! Our regular weekday Mass schedule will resume on March 18<sup>th</sup>.

**Parish Sacrament of Reconciliation Changes**

Parish confession times have been updated to reflect our parish needs. Confessions will now be offered from 6:30 to 6:50 p.m. on Wednesdays and 8:30 to 8:50 a.m. and 4:30 to 4:50 p.m. on Saturdays.

**Divine Mercy Chapel**

We have openings in the chapel for Mondays at 3:00 to 4:00 p.m., Thursdays at 2:00 to 3:00 p.m., and Fridays at 3:00 to 4:00 p.m. Come and spend a quiet hour with Jesus. Please contact Sandra Naklusi - 226-789-1259.

**Anniversary Blessing**

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

**Connecting with a Priest While in Hospital**

Parishioners who are hospitalized and require a priest are encouraged to notify the hospital nurses, who will connect you with the chaplain. If the chaplain unavailable, they will help you connect with the on-call priest. If the on-call priest is unavailable, please contact Fr. Stefano by calling (519) 743-4525 and dialing either line.

**Diocese Announcements**

**The Diocesan Wedding Anniversary Mass**

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at [hamiltondiocese.com](http://hamiltondiocese.com), or call the Family Ministry Office at 905-528-7988 ext. 2249.

**Listening and Fasting: Pope Leo XIV’s Message for Lent 2026**

Pope Leo XIV's message for Lent 2026, entitled “Listening and fasting. Lent as a time of Conversion,” was published on Friday, February 13, by the Holy See Press Office. To read Pope Leo’s message, and download a helpful infographic, visit the Dicastery for Integral Human Development here: [www.humandevlopment.va](http://www.humandevlopment.va) .

**Jubilee Year of St. Francis of Assisi**

From Jan 10, 2026 to Jan 10, 2027, the Church marks a special Jubilee Year of Saint Francis of Assisi on the 800th anniversary of his death. During this year, the faithful may obtain a plenary indulgence by fulfilling the usual conditions (confession, Communion, prayer for the Holy Father, detachment from sin) and engaging in acts inspired by the Franciscan spirit, such as pilgrimage, prayer, works of charity, and humble service. To learn more about this Holy Year, visit <https://bit.ly/yearoffrancis>.

**Wisdom of the Saints**

“You have shown me a spark of your pure and simple love, and it has kindled in my heart a flame that devours me.”

– St. Catherine of Genoa

**Pope Leo XIV’s Prayer Intention for March 2026**

**For disarmament and peace:**

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**ERB & GOOD**  
 FAMILY FUNERAL HOME  
 Exceeding Expectations Since 1946  
 Paula Heimpel & Rebecca Hlavac  
 (nee Henhoeffer)  
 Funeral Directors & Owners  
 171 King Street South Waterloo  
 519-745-8445 | www.erbgood.com

**S M**  
**SUPERIOR**  
 MEMORIALS  
 Since 1924  
 528 Victoria St. N., beside Weston's Bakery  
 519-745-6136

www.roofman.com  
 519 744-3830  
  
**Roofman Inc.**

GLOGOWSKI  
**euro food**  
 403 Highland Rd W, Kitchener  
 519•584•7190  
 ZAPRASZAMY NA ZAKUPY

We ♥ our Residents  
 Lanark Village  


Independent & Assisted Living  
 519-743-0121  
 44 Lanark Cres Kitchener  
*Join Today!*

  
 Experience the Best of  
 Local & Authentic  
 Mexican Food!  
 300 King St E  
 519-830-6547  
 www.marquezchurros.ca

**Henry Walser**  
 FUNERAL HOME LTD.  
 AN INDEPENDENT FAMILY  
 OWNED FUNERAL HOME  
 507 FREDERICK ST.  
 (at expressway)  
 519-749-8467

Frederick Mall Pharmacy  
 Ramzy Shaker  
 BSc, PharmD, RPh  
  
 • Free Pick Up & Delivery  
 • Certified Injection Administrator  
 • Save \$2.00 on your drug plan co-pay  
 385 Frederick St  
 www.frederickmallpharmacy.com  
 519-745-4700

  
**Shopping  
 Locally  
 Saves Gas**

**Remember...**  
 Let our advertisers know  
 you saw their ad here. 

It's **WISE** to ADVERTISE!  


**THE PERFECT SPOT  
 TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL  
 1-800-268-2637**

**E. DYCK OPTICIANS**  
 for your eyes only  
**Noah Wiles**  
 385 Frederick St. (Frederick Mall)  
 519-745-9741 • www.edyckopticians.ca