

EST. 1956

**St. Teresa of Avila Kitchener
Diocese of Hamilton**

St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525
e-mail stteresakitchener@hamiltondiocese.com www.stteresakit.ca

Facebook www.facebook.com/stteresakit

Parish Office Hours	Weekday Liturgy Schedule
Mon, Tues, Thurs & Fri	Tuesday Evening: 7:00 p.m.
9:00 a.m. - 12:00 p.m.	Wednesday Evening: 7:00 p.m.
1:00 p.m. - 5:00 p.m.	Thursday & Friday Mornings: 8:30 a.m.
	Saturday Morning: 9:00 a.m. (excluding August)
	<i>Please check inside for schedule changes.</i>

**Wednesday:
Office Closed**

Saturday Liturgy: 9:00 a.m. & 5:00 p.m. **Sunday Liturgy:** 10:00 a.m.

Adoration and Mass: First Friday of each month.
Mass at 7:00 p.m.

Pastor

Father Stefano Lee

Parish Office Administrator

Claire Rouleau

Business Administrator

David Agnew

Custodian

Kabsoo Park

Divine Mercy

Chapel Coordinator

Sandra Nakluski

226-789-1259

Parish School

St. Teresa School

Principal: Pamela Baillie

Secretary: Mena Carnevale

519-743-2131

NEW PARISHIONERS: WELCOME! Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

PARISH RECORDS: Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

SACRAMENT OF BAPTISM: Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

SACRAMENT OF RECONCILIATION:
6:30-6:50 p.m. on Wednesdays, 8:30-8:50 a.m. and 4:30-4:50 p.m. on Saturdays.

SACRAMENT OF MARRIAGE:
Engaged couples contact Parish Priest one year in advance.

HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

ADORATION OF THE BLESSED SACRAMENT:
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

PARISH BULLETIN: News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

Vocations: www.vocationinfo.ca

Catholic Cemeteries of the Diocese of Hamilton: www.thecatholiccemeteries.ca

PARISH BEQUEST: *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Series – Catechism of the Catholic Church

Paragraph 7. The Fall

IV. "You Did Not Abandon Him to The Power of Death" (cont'd)

411 The Christian tradition sees in this passage an announcement of the "New Adam" who, because he "became obedient unto death, even death on a cross", makes amends superabundantly for the disobedience, of Adam.³⁰⁵ Furthermore many Fathers and Doctors of the Church have seen the woman announced in the "Proto-evangelium" as Mary, the mother of Christ, the "new Eve". Mary benefited first of all and uniquely from Christ's victory over sin: she was preserved from all stain of original sin and by a special grace of God committed no sin of any kind during her whole earthly life.³⁰⁶

412 But why did God not prevent the first man from sinning? St. Leo the Great responds, "Christ's inexpressible grace gave us blessings better than those the demon's envy had taken away."³⁰⁷ and St. Thomas Aquinas wrote, "There is nothing to prevent human nature's being raised up to something greater, even after sin; God permits evil in order to draw forth some greater good. Thus St. Paul says, 'Where sin increased, grace abounded all the more'; and the Exsultet sings, 'O happy fault, . . . which gained for us so great a Redeemer!'"³⁰⁸

Chapter Two

I Believe in Jesus Christ, The Only Son of God

The Good News: God has sent his Son
422 'But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons.'¹ This is 'the gospel of Jesus Christ, the Son of God':² God has visited his people. He has fulfilled the promise he made to Abraham and his descendants. He acted far beyond all expectation - he has sent his own 'beloved Son'.³

423 We believe and confess that Jesus of Nazareth, born a Jew of a daughter of Israel at Bethlehem at the time of King Herod the Great and the emperor Caesar Augustus, a carpenter by trade, who died crucified in Jerusalem under the procurator Pontius Pilate during the reign of the emperor Tiberius, is the eternal Son of God made man. He 'came from God',⁴ 'descended from heaven',⁵ and 'came in the flesh'.⁶ For 'the Word

became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the only Son from the Father. . . and from his fullness have we all received, grace upon grace.'⁷

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions
May 25, 2026 – May 31, 2026
Tuesday, May 26, 2026 – **7:00 p.m.**
Wednesday, May 27, 2026 – **7:00 p.m.**
+ **Elmer Ellerby** – *Bill Barrett*
Thursday, May 28, 2026 – **8:30 a.m.**
For Family – *Betty Julien*
Friday, May 29, 2026 – **8:30 a.m.**
+ **Ken Skinner** – *Betty Julien*
Saturday, May 30, 2026
9:00 a.m.
5:00 p.m. – Muriel (Brohman) Sandrock & Kathleen Brohman on their Birthdays – *Their Loving Family*
Sunday, May 31, 2026 – **10:00 a.m.**
Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar
May 25 – **Blessed Virgin Mary, Mother of the Church**
May 26 – Rev. Melvin Pinto, O.C.D.
May 27 – Sisters Adorers of the Precious Blood, R.P.B.
May 28 – Rev. Msgr. Edward Sheridan
May 29 – Rev. David Lewis
May 30 – Rev. Sunil D’Souza, O.C.D.
May 31 – **Solemnity of the Most Holy Trinity**
Diocesan Wedding Anniversary Mass

Stewardship Report – May 17th, 2026

Sunday Offerings.....	\$ 1,585.00
Building & Maintenance.....	\$ 149.80
Pope’s Pastoral Works.....	\$ 205.00
Votives.....	\$ 29.75

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Full Acceptance into the Holy Catholic Church

On Saturday, May 23rd at the 5:00 p.m. Mass:

Kemi Odysanya

entered into full acceptance in the Holy Catholic Church.
Congratulations and welcome to our community!

Congratulations Confirmation Candidates!

Congratulations to our Confirmation candidates, who received the Sacrament of Confirmation on Thursday, May 21st, 2026:

Arkian Dela Cruz

Vanessa Furtado

Avangelina Orosz

Luciana Gutierrez Sotelo

Alexa Weiler

Special thanks to Very Reverend Monsignor Murry Kroetsch, Vicar General of the Diocese of Hamilton, who presided at the celebration.

Crowning of Mary Ceremony

Parishioners are invited to our parish Crowning of Mary Ceremony and Mass on Wednesday, May 27th at 7:00 p.m.

Lectio Divina

Our parish is providing weekly copies of the Lectio Divina for parishioners. If you are interested, please take a copy from the counter in the Narthex. Copies are made available on Tuesdays or Wednesdays every week.

First Holy Communion Information and Schedule

First Holy Communion will take place on May 30th at the 5:00 p.m. Mass and May 31st at the 10:00 a.m. Mass.

Connecting with a Priest While in Hospital

Parishioners who are hospitalized and require a priest are encouraged to notify the hospital nurses, who will connect you with the chaplain. If the chaplain unavailable, they will help you connect with the on-call priest. If the on-call priest is unavailable, please contact Fr. Stefano by calling (519) 743-4525.

Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals,

please contact the parish office to arrange with Fr. Stefano.

World Youth Day Delegations

At this time we are looking for parish delegations (ages 18-35) to go to WYD, as well as donations to support. If you are interested, please contact Fr. Stefano.

Diocese Announcements

World Youth Day 2027 in Seoul, South Korea – Diocesan Delegation

The Diocesan Pastoral Offices are coordinating a delegation of young adults to attend the World Youth Days in Seoul, South Korea from July 31 – August 9, 2027. Spots are almost full for this pilgrimage of faith and unity with young people from around the world! If you are interested in learning more about this opportunity, or wish to register, please visit wyd.hamiltondiocese.com. The *first wave of registration* closes May 14, 2026.

Young Adults Night

Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:00pm-7:00 pm), social with food (7:00pm-8:00pm), vocations testimony and praise music (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, June 6th at the Saint Clement's Church (745 Duke Street, Cambridge, ON). Sponsored by the Vocations Office of the Diocese of Hamilton: <https://hamiltondiocese.com/vocations/> For more information, please contact: vocations@hamiltondiocese.com.

Wisdom of the Saints

“For the greater we are, the more we should humble ourselves and recognize our own nothingness. If we know ourselves, we humble ourselves, not holding our head high or becoming bloated with pride. Rather we bow our head in acknowledgment of the goodness God has showered on us.”

– St. Catherine of Sienna

Pope Leo XIV's Prayer Intention for May 2026

That everyone might have food:

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

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