



EST. 1956

St. Teresa of Avila Kitchener  
Diocese of Hamilton

## St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525  
e-mail [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com) [www.stteresakit.ca](http://www.stteresakit.ca)

Facebook [www.facebook.com/stteresakit](http://www.facebook.com/stteresakit)

### Parish Office Hours

Mon, Tues, Thurs & Fri  
9:00 a.m. - 12:00 p.m.  
1:00 p.m. - 5:00 p.m.

Wednesday:  
Office Closed

### Weekday Liturgy Schedule

Tuesday Evening: 7:00 p.m.  
Wednesday Evening: 7:00 p.m.  
Thursday & Friday Mornings: 8:30 a.m.  
Saturday Morning: 9:00 a.m. (excluding August)  
*Please check inside for schedule changes.*

Saturday Liturgy: 9:00 a.m. & 5:00 p.m. Sunday Liturgy: 10:00 a.m.

Adoration and Mass: First Friday of each month.  
Mass at 7:00 p.m.

### Pastor

Father Stefano Lee

### Parish Office Administrator

Claire Rouleau

### Business Administrator

David Agnew

### Custodian

### Divine Mercy

### Chapel Coordinator

Sandra Nakluski  
226-789-1259

### Parish School

St. Teresa School  
Principal: Pamela Baillie  
Secretary: Mena Carnevale  
519-743-2131

**NEW PARISHIONERS: WELCOME!** Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

**PARISH RECORDS:** Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

**SACRAMENT OF BAPTISM:** Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

**SACRAMENT OF RECONCILIATION:**  
6:30-6:50 p.m. on Wednesdays, 8:30-8:50 a.m. and 4:30-4:50 p.m. on Saturdays.

**SACRAMENT OF MARRIAGE:**  
Engaged couples contact Parish Priest one year in advance.

**HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:**  
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

**ADORATION OF THE BLESSED SACRAMENT:**  
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

**PARISH BULLETIN:** News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

**Vocations:** [www.vocationinfo.ca](http://www.vocationinfo.ca)

**Catholic Cemeteries of the Diocese of Hamilton:** [www.thecatholiccemeteries.ca](http://www.thecatholiccemeteries.ca)

**PARISH BEQUEST:** *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Series – Catechism of the Catholic Church

Chapter Two

I Believe in Jesus Christ, The Only Son of God (Cont'd)

The Good News: God has sent his Son (Cont'd) 424 Moved by the grace of the Holy Spirit and drawn by the Father, we believe in Jesus and confess: 'You are the Christ, the Son of the living God.'<sup>8</sup> On the rock of this faith confessed by St. Peter, Christ built his Church.<sup>9</sup>

"To preach. . . the unsearchable riches of Christ"<sup>10</sup>

425 The transmission of the Christian faith consists primarily in proclaiming Jesus Christ in order to lead others to faith in him. From the beginning, the first disciples burned with the desire to proclaim Christ: "We cannot but speak of what we have seen and heard."<sup>11</sup> It and they invite people of every era to enter into the joy of their communion with Christ: That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life - the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us - that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. and we are writing this that our joy may be complete.<sup>12</sup>

At the heart of catechesis: Christ

426 "At the heart of catechesis we find, in essence, a Person, the Person of Jesus of Nazareth, the only Son from the Father. . .who suffered and died for us and who now, after rising, is living with us forever."<sup>13</sup> To catechize is "to reveal in the Person of Christ the whole of God's eternal design reaching fulfilment in that Person. It is to seek to understand the meaning of Christ's actions and words and of the signs worked by him."<sup>14</sup> Catechesis aims at putting "people . . . in communion . . . with Jesus Christ: only he can lead us to the love of the Father in the Spirit and make us share in the life of the Holy Trinity."<sup>15</sup>

427 In catechesis "Christ, the Incarnate Word and Son of God,. . . is taught - everything else is taught with reference to him - and it is Christ alone who teaches - anyone else teaches to the extent that he is Christ's spokesman, enabling Christ to teach with his lips. . . Every catechist should be able to apply to himself the

mysterious words of Jesus: 'My teaching is not mine, but his who sent me.'<sup>16</sup>

Taken from: vatican.va/archive/ENG0015/\_INDEX.HTM

Mass Intentions June 1, 2026 – June 7, 2026 Tuesday, June 2, 2026 – 7:00 p.m. Wednesday, June 3, 2026 – 7:00 p.m. Thursday, June 4, 2026 – 8:30 a.m. + John Forthuber – Helene Meier Friday, June 5, 2026 – 8:30 a.m. + Leone & William Gough – Stephen Woodsworth Saturday, June 6, 2026 9:00 a.m. 5:00 p.m. – Ludwig & David Ceh – Theresa Ceh Sunday, June 7, 2026 – 10:00 a.m. Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar June 1 – Rev. Msgr. Theodore Slaman June 2 – Rev. Gianluca Roso, M.C.C.J. June 3 – Discalced Carmelite Fathers, O.C.D. June 4 – Rev. Edward Henhoeffler June 5 – Catholic Youth & Young Adults June 6 – Rev. Sam Restivo, C.R. June 7 – Solemnity of the Most Holy Body & Blood of Christ

Stewardship Report – May 24th, 2026 Sunday Offerings.....\$ 758.05 Building & Maintenance.....\$ 1,276.05 Pope’s Pastoral Works.....\$ 105.00 Confirmation & Rite of Acceptance.....\$ 270.00

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Lectio Divina

Our parish is providing weekly copies of the Lectio Divina for parishioners. If you are interested, please take a copy from the counter in the Narthex. Copies are

**Congratulations  
First Holy Communion Candidates!**

Congratulations to our First Holy Communion candidates, who will receive First Holy Communion on May 30<sup>th</sup> at the 5:00 p.m. Mass and on May 31<sup>st</sup> at the 10:00 a.m. Mass:

**Oliver Ahrens  
Coleen Baquilta  
Alice Branco  
Zadok Emeugo  
Marcus Kasperowicz  
Rowan Kosior  
Karina Meharzghi  
Dima Okubagerghesh  
Lowell Villena**

made available on Tuesdays or Wednesdays every week.

**Prayer Shawls**

We have a number of prayer shawls available if you would like one for yourself, family or friend. They have all been blessed by a priest and knitters and crocheter prayed for you while they were being made. St. Teresa Prayer Shawl Group is no longer active. You are encouraged to get one while they are available. Please call 519 578-2019.

**Catholic Women's League**

Members from the past, present, and future are invited to a gathering at Kypreos on Saturday, June 13<sup>th</sup> at 10:30 a.m. We would love to see you there. Please call 519 503-1946 to make a reservation. Save the date!

**Connecting with a Priest While in Hospital**

Parishioners who are hospitalized and require a priest are encouraged to notify the hospital nurses, who will connect you with the chaplain. If the chaplain unavailable, they will help you connect with the on-call priest. If the on-call priest is unavailable, please contact Fr. Stefano by calling (519) 743-4525.

**Anniversary Blessing**

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

**World Youth Day Delegations**

At this time we are looking for donations to support parish delegates going to WYD in South Korea in 2027. If you are interested, please contact Fr. Stefano.

**Diocese Announcements**

**Young Adults Night**

Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night begins at 6:00 p.m. on Saturday, June 6th at the Saint Clement's Church (745 Duke Street, Cambridge, ON). For more information, please contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

**Devotion To the Sacred Heart of Jesus**

As we prepare to enter the month of June, traditionally dedicated to the Sacred Heart of Jesus, Bishop Joseph Dabrowski invites all the faithful of the Diocese of Hamilton to renew this beautiful devotion. Rooted in the Gospel, devotion to the Sacred Heart draws us to contemplate the personal, healing, and transforming love of Christ. Please read our Bishop's pastoral letter prayerfully and join us in this devotion. We invite you to say at the beginning of each day this prayer; *O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all of the intentions of your Sacred Heart, in union with the holy sacrifice of the Mass throughout the world, in thanksgiving for your favours, in reparation for my sins, for the intentions of all my family and friends, and in particular for the intentions of the Holy Father, Amen.*

Additional prayers and resources for the Month of the Sacred Heart of Jesus are available on the diocesan website: [www.hamiltondiocese.com/sacredheart](http://www.hamiltondiocese.com/sacredheart)

**Youth Ministry Certification Program**

We are currently accepting enrollment for the Youth Ministry Certification Program, which begins in September 2026. To review a full course list and for more information, please visit: [www.hamiltondioceselearns.com](http://www.hamiltondioceselearns.com).

**Wisdom of the Saints**

"Preserving our cheerfulness amid sicknesses and troubles is a sign of a right and good spirit."

– St. Philip Neri

**Pope Leo XIV's Prayer Intention for May 2026**

**That everyone might have food:**

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

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